



TRAILADVENTURE - SMUTS TRAIL RUN

2018-03-04 - Smuts House, Irene



21km

MALE

FEMALE

Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime
1	1	TRAIL12417	Scelo	Mashaba	21km	Male	17	16 to 18	01:39:40	1	TA2458	Kate	Roberts	21km	Female	34	Sub-Veteran (30-39)	01:41:56
2	1	TA2552	Craig	Carter Brown	21km	Male	36	Sub-Veteran (30-39)	01:42:02	2	TA3439	Adel	Terblanche	21km	Female	34	Sub-Veteran (30-39)	01:59:23
3	1	TA2491	Jurgens	Potgieter	21km	Male	40	Veteran (40-49)	01:47:22	1	TA2587	Mia	Van Rooyen	21km	Female	40	Veteran (40-49)	02:00:50
4	2	TA2461	Nicholas	Mulder	21km	Male	39	Sub-Veteran (30-39)	01:56:04	1	TA2452	Stephanie	Cronje	21km	Female	27	Senior (19-29)	02:12:02
5	3	TA3408	Tobias	Coetzee	21km	Male	31	Sub-Veteran (30-39)	02:01:10	2	TA2602	Carna	Koch	21km	Female	24	Senior (19-29)	02:12:13
6	4	TA0851	Jaco	Mare	21km	Male	34	Sub-Veteran (30-39)	02:01:25	3	TA2544	Kirsty	Rault	21km	Female	26	Senior (19-29)	02:13:23
7	5	TRAIL12522	Jacques	Du Preez	21km	Male	30	Sub-Veteran (30-39)	02:10:34	4	TA2573	Retha	Grobler	21km	Female	28	Senior (19-29)	02:15:24
8	2	TA2554	Darren	Steward	21km	Male	48	Veteran (40-49)	02:12:59	1	TA2508	Lynette	Fischer	21km	Female	59	Master (50-59)	02:16:42
9	3	TRAIL10112	Mark	Dold	21km	Male	49	Veteran (40-49)	02:13:14	3	TA2492	Magdelie	Wilken	21km	Female	32	Sub-Veteran (30-39)	02:21:35
10	4	TRAIL11732	Terrence	Brink	21km	Male	45	Veteran (40-49)	02:13:43	5	TA2517	Carla Lea	Farina	21km	Female	29	Senior (19-29)	02:25:45
11	6	TA2590	James	Spangenberg	21km	Male	36	Sub-Veteran (30-39)	02:19:56	4	TRAIL12299	Janeane	Watt	21km	Female	36	Sub-Veteran (30-39)	02:28:41
12	7	TA2591	Rohan	Bierman	21km	Male	31	Sub-Veteran (30-39)	02:21:09	2	TRAIL12410	Linda	Crozier	21km	Female	47	Veteran (40-49)	02:30:00
13	8	TA2432	Martin	Botha	21km	Male	32	Sub-Veteran (30-39)	02:30:36	2	TA2526	Jay	Behrmann	21km	Female	51	Master (50-59)	02:30:22
14	5	TA2612	Jacques	Dyzell	21km	Male	47	Veteran (40-49)	02:31:57	5	TA0718	Charmaine	More	21km	Female	37	Sub-Veteran (30-39)	NULL
15	9	TA3423	Wayne	Stone	21km	Male	35	Sub-Veteran (30-39)	02:36:15									
16	10	TA2633	Naas	Terblanche	21km	Male	35	Sub-Veteran (30-39)	02:39:12									
17	1	TA2445	Eduan	Human	21km	Male	29	Senior (19-29)	02:42:01									
18	2	TA2558	Jacques	Louw	21km	Male	29	Senior (19-29)	03:08:16									
19	11	TA2628	Elmar	Grater	21km	Male	31	Sub-Veteran (30-39)	03:08:24									
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TRAILADVENTURE - SMUTS TRAIL RUN

2018-03-04 - Smuts House, Irene



15km

MALE

FEMALE

Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	
1	1	TA0690	Mashudu	Sumbana	15km	Male	42	Veteran (40-49)	01:04:53	1	TRAIL10349	Tumi	Matlou	15km	Female	27	Senior (19-29)	01:14:24	
2	1	TRAIL12471	Adam	Maroko	15km	Male	39	Sub-Veteran (30-39)	01:07:36	2	TA1881	Carla	Ras	15km	Female	27	Senior (19-29)	01:33:10	
3	1	TA3513	Gert	Steyn	15km	Male	57	Master (50-59)	01:20:35	3	TA1817	Lara	Aylward	15km	Female	28	Senior (19-29)	01:35:10	
4	2	TA2601	Lotter	Piet	15km	Male	57	Master (50-59)	01:25:29	4	TA2613	Liza	Visser	15km	Female	27	Senior (19-29)	01:40:43	
5	2	TA2592	Werner	Geldenhuys	15km	Male	31	Sub-Veteran (30-39)	01:28:48	5	TA2480	Bernice	Swanepoel	15km	Female	29	Senior (19-29)	01:46:30	
6	3	TA2477	Olaotse	Leepile	15km	Male	36	Sub-Veteran (30-39)	01:30:29	1	TA0699	Fredie	Blake	15km	Female	43	Veteran (40-49)	01:51:28	
7	4	TRAIL10133	Sheldon	Du Trevou	15km	Male	38	Sub-Veteran (30-39)	01:31:36	2	TA2619	Hazel	Nel	15km	Female	45	Veteran (40-49)	01:55:26	
8	2	TA2505	Vikesh	Rambaran	15km	Male	44	Veteran (40-49)	01:33:49	3	TRAIL10119	Nicky	Dold	15km	Female	47	Veteran (40-49)	02:03:55	
9	3	TA2637	Lance	Van Der Merwe	15km	Male	46	Veteran (40-49)	01:37:13	4	TA0809	Maryke	Hudson	15km	Female	47	Veteran (40-49)	02:09:25	
10	1	TA2450	Geoff	Lupton-Smith	15km	Male	60	Grand-Master (60+)	01:38:56	1	TA2108	Thilivhali	Tshishonga	15km	Female	36	Sub-Veteran (30-39)	02:18:28	
11	1	TA2420	Rj	Coetzee	15km	Male	26	Senior (19-29)	01:44:49	1	TA2483	Esme	Cotty	15km	Female	56	Master (50-59)	02:27:00	
12	2	TRAIL10171	Hennie	Prinsloo	15km	Male	63	Grand-Master (60+)	01:47:54	2	TRAIL12290	Georgina	Bester	15km	Female	53	Master (50-59)	02:27:03	
13	5	TA2598	Maieane	Nkhahle	15km	Male	36	Sub-Veteran (30-39)	01:50:56	6	TA2510	Clarissa	Jacobs	15km	Female	26	Senior (19-29)	02:29:54	
14	4	TRAIL12287	Phil	Zaayman	15km	Male	47	Veteran (40-49)	01:51:21	1	TRAIL12431	Thola	Masibi	15km	Female	62	Grand-Master (60+)	02:33:49	
15	6	TA2305	Patrick	Addington	15km	Male	30	Sub-Veteran (30-39)	01:51:44										
16	5	TA2611	Gary	Robinson	15km	Male	46	Veteran (40-49)	01:59:16										
17	2	TA2503	Francois	Koch	15km	Male	24	Senior (19-29)	02:06:48										
18	3	TA2568	Douglas	Cotty	15km	Male	55	Master (50-59)	02:09:35										
19	7	TA3412	Jean-Pierre	Labuschagne	15km	Male	37	Sub-Veteran (30-39)	02:27:49										
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TRAILADVENTURE - SMUTS TRAIL RUN

2018-03-04 - Smuts House, Irene



10km

MALE

FEMALE

Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime
1	1	TA0867	Reatlegile	Mosweu	10km	Male	13	12 to 15	00:41:39	1	TRAIL12480	Amohelang	Tladi	10km	Female	13	12 to 15	00:52:58
2	2	TA2157	Leon	Cotzee	10km	Male	15	12 to 15	00:48:01	1	TA1894	Laetitia	Du Plessis	10km	Female	28	Senior (19-29)	00:55:35
3	1	TRAIL12341	Charles	Norman	10km	Male	39	Sub-Veteran (30-39)	00:50:59	1	TA1853	Charlie	Kisbey Green	10km	Female	31	Sub-Veteran (30-39)	00:58:57
4	2	TA2244	Kruger	Van Wyk	10km	Male	32	Sub-Veteran (30-39)	00:53:58	2	TA2215	Rinel	Mclaren	10km	Female	25	Senior (19-29)	00:59:02
5	1	TRAIL12428	Geldenhuys	Combrinck	10km	Male	44	Veteran (40-49)	00:55:13	2	TA0737	Aliche	Viljoen	10km	Female	32	Sub-Veteran (30-39)	00:59:51
6	3	TA0836	Marius	Neethling	10km	Male	37	Sub-Veteran (30-39)	00:56:58	3	TA2180	Kirty	Russell	10km	Female	23	Senior (19-29)	01:00:03
7	4	TA0639	Martiens	De Jager	10km	Male	32	Sub-Veteran (30-39)	00:57:29	3	TA2408	Janine	Smythe	10km	Female	32	Sub-Veteran (30-39)	01:00:07
8	5	TA0763	Dshorne	Human	10km	Male	38	Sub-Veteran (30-39)	00:57:33	4	TRAIL10041	Desiree	Du Trevou	10km	Female	33	Sub-Veteran (30-39)	01:00:11
9	1	TA1803	Andre	Jacobs	10km	Male	51	Master (50-59)	00:59:45	5	TA0602	Kortia	Olivier	10km	Female	39	Sub-Veteran (30-39)	01:01:57
10	2	TA0611	Graham	Russell	10km	Male	55	Master (50-59)	00:59:58	1	TA0632	Sharleen	Bradford	10km	Female	47	Veteran (40-49)	01:05:05
11	1	TRAIL10642	Johan	Fourie	10km	Male	63	Grand-Master (60+)	01:01:10	6	TA2152	Grete	Van Staden	10km	Female	32	Sub-Veteran (30-39)	01:05:09
12	3	TA2213	Ryan	Lawlor	10km	Male	50	Master (50-59)	01:01:40	7	TA1810	Steph	Cliff	10km	Female	37	Sub-Veteran (30-39)	01:07:07
13	2	TRAIL11023	Grant	Hall	10km	Male	48	Veteran (40-49)	01:02:40	8	TA2219	Denielle	Grobbelaar	10km	Female	34	Sub-Veteran (30-39)	01:07:09
14	3	TA0643	Jeff	Kian	10km	Male	43	Veteran (40-49)	01:03:44	9	TA0620	Minette	Kotze	10km	Female	32	Sub-Veteran (30-39)	01:07:11
15	4	TRAIL12499	Sello	Matjila	10km	Male	41	Veteran (40-49)	01:05:00	10	TA2224	Elizna	Kruger	10km	Female	37	Sub-Veteran (30-39)	01:07:14
16	5	TA2240	Errol	Treacher	10km	Male	45	Veteran (40-49)	01:05:12	11	TA2339	Stephanie	Mulder	10km	Female	33	Sub-Veteran (30-39)	01:07:38
17	6	TA1867	Lyle	Murray	10km	Male	34	Sub-Veteran (30-39)	01:05:51	12	TRAIL12112	Tessa	Abrahamson	10km	Female	35	Sub-Veteran (30-39)	01:07:57
18	6	TA2537	Antonio	De Franca	10km	Male	47	Veteran (40-49)	01:06:05	13	TA2114	Helene	Smit	10km	Female	33	Sub-Veteran (30-39)	01:08:20
19	4	TA0761	Willem	Van Aswegen	10km	Male	52	Master (50-59)	01:06:10	14	TA0751	Adele	Du Plessis	10km	Female	31	Sub-Veteran (30-39)	01:08:42
20	5	TA2307	Eckart	Schultz	10km	Male	54	Master (50-59)	01:08:37	15	TA0748	Hanri	Kruger	10km	Female	31	Sub-Veteran (30-39)	01:10:04
21	7	TA1852	Thinus	Brewis	10km	Male	47	Veteran (40-49)	01:09:42	16	TA2218	Monique	Hamman	10km	Female	38	Sub-Veteran (30-39)	01:11:21
22	6	TA1176	Pieter	Vosloo	10km	Male	50	Master (50-59)	01:09:45	17	TA2569	Natalie	Kock	10km	Female	36	Sub-Veteran (30-39)	01:12:17
23	8	TA0789	Greg	Blanckenberg	10km	Male	44	Veteran (40-49)	01:10:21	1	TRAIL12365	Catherine	Mclean	10km	Female	50	Master (50-59)	01:13:12
24	7	TA1888	Rohanne	Hamman	10km	Male	38	Sub-Veteran (30-39)	01:11:13	18	TA2164	Carla	Marshall	10km	Female	35	Sub-Veteran (30-39)	01:14:50
25	9	TA1829	Riaan	Davel	10km	Male	42	Veteran (40-49)	01:11:41	4	TA2210	Therese	Human	10km	Female	29	Senior (19-29)	01:15:35
26	10	TA0626	Dewald	Olivier	10km	Male	41	Veteran (40-49)	01:12:11	2	TRAIL12116	Marion	Klennert	10km	Female	56	Master (50-59)	01:17:14
27	7	TA0662	Heinrich	Von Berg	10km	Male	57	Master (50-59)	01:14:13	3	TA0624	Christa	Van Aswegen	10km	Female	51	Master (50-59)	01:17:34
28	8	TA2252	David	Sinclair	10km	Male	37	Sub-Veteran (30-39)	01:14:44	4	TA2169	Lynn Karen	Du Plooy	10km	Female	56	Master (50-59)	01:18:37
29	11	TRAIL11321	Frederick	Pilch	10km	Male	41	Veteran (40-49)	01:15:18	5	TA0778	Chantel	Diedericks	10km	Female	22	Senior (19-29)	01:19:12
30	1	TA1862	Daniel	Van Heerden	10km	Male	28	Senior (19-29)	01:15:27	19	TA2138	Milena	Hill	10km	Female	35	Sub-Veteran (30-39)	01:19:39
31	1	TA0629	Zion	More	10km	male	10	Under 11	01:16:41	2	TA1877	Ninette	Eckard	10km	Female	44	Veteran (40-49)	01:20:39
32	8	TA1179	William	Collatz	10km	Male	51	Master (50-59)	01:17:16	3	TA0713	Elaine	Fourie	10km	Female	41	Veteran (40-49)	01:21:04
33	2	TA0720	Philip	Diedericks	10km	Male	23	Senior (19-29)	01:19:14	4	TRAIL10227	Carien	Hamman	10km	Female	49	Veteran (40-49)	01:21:27
34	12	TRAIL12220	Donald	Young	10km	Male	47	Veteran (40-49)	01:19:55	5	TRAIL12770	Stienie	Kompagnie	10km	Female	50	Master (50-59)	01:23:01
35	9	TA0618	Ludolf	Diedericks	10km	Male	54	Master (50-59)	01:20:22	20	TA2269	Melody	Roodt	10km	Female	32	Sub-Veteran (30-39)	01:23:38
36	13	TA0695	Frederich	Lamprecht	10km	Male	44	Veteran (40-49)	01:20:41	6	TA0786	Euliza	Krog	10km	Female	21	Senior (19-29)	01:24:08
37	3	TA0711	Bevan	Gouldie	10km	Male	27	Senior (19-29)	01:26:24	21	TRAIL12703	Reinet	Maartens-Do	10km	Female	39	Sub-Veteran (30-39)	01:24:15
38	9	TA0691	Eric	Dugtig	10km	Male	37	Sub-Veteran (30-39)	01:27:33	1	TA1843	Hester	Smit	10km	Female	60	Grand-Master (60+)	01:25:15
39	10	TA0863	Francois	Uys	10km	Male	53	Master (50-59)	01:30:23	6	TRAIL10777	Doreen	Nell	10km	Female	51	Master (50-59)	01:25:54
40	2	TA1880	Liam	Fiodi	10km	Male	11	Under 11	01:31:00	5	TA2170	Gugu	Zulu	10km	Female	41	Veteran (40-49)	01:26:29



TRAILADVENTURE - SMUTS TRAIL RUN

2018-03-04 - Smuts House, Irene



10km

MALE

FEMALE

Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime
41	3	TA2140	Jarrod	Fiodi	10km	Male	8	Under 11	01:31:05	7	TA1850	Hanri	Venter	10km	Female	53	Master (50-59)	01:26:36
42	10	TA2255	Casper	Van Heerden	10km	Male	33	Sub-Veteran (30-39)	01:31:46	22	TA1187	Helen	Place	10km	Female	32	Sub-Veteran (30-39)	01:26:56
43	14	TA1173	Ronald	Fiodi	10km	Male	43	Veteran (40-49)	01:32:02	23	TA0774	Caroline	Goumain	10km	Female	38	Sub-Veteran (30-39)	01:27:47
44	11	TA1863	Kgabo	Nkoana	10km	Male	34	Sub-Veteran (30-39)	01:37:06	7	TA2309	Caylin	Nell	10km	Female	23	Senior (19-29)	01:29:01
45	12	TA2333	Ronald	Nkoana	10km	Male	33	Sub-Veteran (30-39)	01:37:09	8	TA2125	Lauren	Hutcheson	10km	Female	28	Senior (19-29)	01:31:43
46	4	TA0704	Keagan	Putter	10km	Male	8	Under 11	01:41:26	6	TRAIL11232	Patricia	Minihold	10km	Female	44	Veteran (40-49)	01:32:44
47	2	TRAIL12320	Trevor	Smythe	10km	Male	61	Grand-Master (60+)	01:44:04	8	TA1814	Helena	Van Rooyen	10km	Female	57	Master (50-59)	01:37:58
48	15	TA2278	Daryl	Viljoen	10km	Male	44	Veteran (40-49)	01:45:49	9	TA0694	Sarina	Diedericks	10km	Female	51	Master (50-59)	01:38:03
49	5	TA0857	Chas	Norman	10km	Male	8	Under 11	01:46:24	7	TRAIL12883	Debra	Crawley	10km	Female	44	Veteran (40-49)	01:38:13
50	3	TA0383	Resego	Skade	10km	male	13	12 to 15	01:47:45	10	TA0847	Louise	Jansen Van R	10km	Female	54	Master (50-59)	01:44:26
51	13	TA1891	Shaun	Custers	10km	Male	37	Sub-Veteran (30-39)	NULL	2	TA0651	Irma	Steenkamp	10km	Female	60	Grand-Master (60+)	01:44:33
52										24	TA2146	Elrike	Opperman	10km	Female	39	Sub-Veteran (30-39)	01:44:42
53										25	TRAIL12868	Lizle	Loots	10km	Female	37	Sub-Veteran (30-39)	01:45:54
54										8	TA0565	Amogelang	Skade	10km	Female	43	Veteran (40-49)	01:46:04
55										26	TA0725	Storm	Witney	10km	Female	34	Sub-Veteran (30-39)	01:48:22
56										9	TA0754	Avalon	Smith	10km	Female	20	Senior (19-29)	01:48:26
57										27	TA0718	Charmaine	More	10km	Female	37	Sub-Veteran (30-39)	01:48:34
58										2	TA1838	Tshwetso	More	10km	Female	14	12 to 15	01:48:48
59										3	TA2205	Riki	Smit	10km	Female	60	Grand-Master (60+)	01:49:45
60										28	TA1811	Avashni	Dass	10km	Female	34	Sub-Veteran (30-39)	01:49:52
61										29	TA2109	Belinda	Cawood	10km	Female	37	Sub-Veteran (30-39)	01:49:56
62										9	TA0848	Tracy	Alexander	10km	Female	48	Veteran (40-49)	NULL
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TRAILADVENTURE - SMUTS TRAIL RUN

2018-03-04 - Smuts House, Irene



5km																		
MALE										FEMALE								
Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime
1	1	TRAIL12479	Thato	Mogotsi	5km	Male	10	Under 11	00:22:20	1	TRAIL12476	Koketso	Thejane	5km	Female	12	12 to 15	00:25:05
2	1	TA1700	Robert	Rundell	5km	Male	37	Sub-Veteran (30-39)	00:27:50	2	TA0233	Basetsana	Maphosa	5km	Female	13	12 to 15	00:25:08
3	1	TA0286	Jabez	Steenkamp	5km	Male	45	Veteran (40-49)	00:28:55	3	TA1775	Sesi	Molapo	5km	Female	13	12 to 15	00:29:00
4	1	TA0223	Gerard	Kisbey-Green	5km	Male	55	Master (50-59)	00:29:04	1	TA1780	Julia	Sharkey	5km	Female	30	Sub-Veteran (30-39)	00:29:02
5	2	TRAIL12562	Johan	Venter	5km	Male	46	Veteran (40-49)	00:29:59	1	TA0023	Andrea	Steyn	5km	Female	25	Senior (19-29)	00:31:15
6	1	TA0435	Derek	Jacobs	5km	Male	60	Grand-Master (60+)	00:31:03	2	TA1898	Marcia	Tunner	5km	Female	39	Sub-Veteran (30-39)	00:32:26
7	1	TA0371	Herman	Kotze	5km	Male	27	Senior (19-29)	00:31:49	3	TA0351	Liezel	Harper	5km	Female	39	Sub-Veteran (30-39)	00:32:42
8	1	TA0120	James	Treacher	5km	Male	12	12 to 15	00:31:52	1	TRAIL10045	Petro	Vermaak	5km	Female	61	Grand-Master (60+)	00:35:47
9	2	TRAIL12421	Herman	Vermaak	5km	Male	62	Grand-Master (60+)	00:32:29	4	TA1830	Kathleen	Kopp	5km	Female	32	Sub-Veteran (30-39)	00:36:29
10	2	TRAIL12055	Volker	Engels	5km	Male	52	Master (50-59)	00:35:20	5	TA0392	Lize	Coetzer	5km	Female	32	Sub-Veteran (30-39)	00:39:55
11	3	TRAIL10759	Allen	West	5km	Male	63	Grand-Master (60+)	00:35:35	1	TRAIL10480	Nadine	Wray	5km	Female	42	Veteran (40-49)	00:40:26
12	3	TA0838	Stephan	Barnard	5km	Male	44	Veteran (40-49)	00:36:36	1	TA0391	Tayla	Wray	5km	Female	16	16 to 18	00:40:30
13	3	TRAIL11168	Glyn	Boddy	5km	Male	53	Master (50-59)	00:37:54	2	TA0189	Michaela	Treacher	5km	Female	46	Veteran (40-49)	00:42:18
14	4	TA0153	Carl	Swanepoel	5km	Male	51	Master (50-59)	00:39:34	1	TA0462	Liana	Kisby-Green	5km	Female	54	Master (50-59)	00:42:20
15	2	TA0245	Logan	Du Trevou	5km	Male	8	Under 11	00:40:21	2	TRAIL12813	Carol-Ann	Martins	5km	Female	52	Master (50-59)	00:44:03
16	2	TA0441	Douglas	Strydom	5km	Male	37	Sub-Veteran (30-39)	00:43:19	3	TA0360	Lynette	Gough	5km	Female	56	Master (50-59)	00:47:00
17	5	TA0199	Bert	Visser	5km	Male	53	Master (50-59)	00:43:25	3	TA0447	Khumbular	Mpofu	5km	Female	40	Veteran (40-49)	00:47:19
18	2	TA0343	Dj	Pieterse	5km	Male	29	Senior (19-29)	00:48:00	4	TA0446	Lynne	Nel	5km	Female	46	Veteran (40-49)	00:47:28
19	3	TA0242	Aidan	Henning	5km	Male	10	Under 11	00:48:33	1	TA0545	Hayley	Nel	5km	Female	11	Under 11	00:47:32
20	4	TA0080	Gavin	Kelly	5km	Male	40	Veteran (40-49)	00:51:04	4	TA0227	Rosalinde	Kavallineas	5km	Female	58	Master (50-59)	00:47:38
21	5	TA1573	Albert	Strydom	5km	Male	49	Veteran (40-49)	00:54:23	2	TRAIL12098	Chantelle	Pieterse	5km	Female	29	Senior (19-29)	00:48:04
22	3	TA0157	Jaun Pierre	Du Plessis	5km	Male	32	Sub-Veteran (30-39)	00:55:42	6	TA1681	Nadia	Henning	5km	Female	38	Sub-Veteran (30-39)	00:48:19
23	6	TRAIL10187	Kevin	Joffe	5km	Male	44	Veteran (40-49)	00:57:32	4	TA0284	Koketso	Kgopane	5km	Female	15	12 to 15	00:50:46
24	4	TA0339	Frik	Yssel	5km	Male	66	Grand-Master (60+)	00:57:39	5	TA0002	Pamela	Kershaw	5km	Female	46	Veteran (40-49)	00:50:52
25	6	TA1527	Roland	Bartle	5km	Male	59	Master (50-59)	01:05:34	3	TA0397	Tilani	Van Tonder	5km	Female	21	Senior (19-29)	00:50:56
26	4	TA2605	Remo	Thage	5km	Male	8	Under 11	01:11:12	4	TA1665	Breizilda	Van Heerden	5km	Female	26	Senior (19-29)	00:51:00
27	7	TA0421	Gunther	Schwob	5km	Male	56	Master (50-59)	01:39:50	2	TA0122	Camryn	Kelly	5km	Female	9	Under 11	00:51:07
28										7	TA0406	Martielie	Laney	5km	Female	38	Sub-Veteran (30-39)	00:51:33
29										6	TA0600	Ronelle	van Heerden	5km	Female	44	Veteran (40-49)	00:51:35
30										5	TA0362	Sonelle	Strydom	5km	Female	20	Senior (19-29)	00:51:37
31										6	TA0180	Nadia	Roodt	5km	Female	19	Senior (19-29)	00:53:05
32										8	TA0458	Juanita	Rossouw	5km	Female	34	Sub-Veteran (30-39)	00:53:57
33										9	TA0334	Carika	Van Rooyen	5km	Female	39	Sub-Veteran (30-39)	00:54:16
34										10	TA0268	Elizabeth	Fobsman	5km	Female	36	Sub-Veteran (30-39)	00:55:06
35										5	TA0151	Louise	Schwob	5km	Female	59	Master (50-59)	00:55:36
36										11	TRAIL10234	Veronique	Quinnell	5km	Female	38	Sub-Veteran (30-39)	00:57:27
37										12	TA0575	Joanet	Joubert	5km	Female	34	Sub-Veteran (30-39)	00:57:43
38										7	TA2321	Sharleen	Fiodi	5km	Female	42	Veteran (40-49)	01:03:33
39										7	TA0333	Andrea	Du Preez	5km	Female	28	Senior (19-29)	01:03:36
40										8	TA0306	Didi	Skade	5km	Female	22	Senior (19-29)	01:05:58