

MRLT - ROCK RABBIT TRAIL RUN 2017

2017-10-08 - Segwati Game Ranch



20km																		
MALE										FEMALE								
Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime
1	1	933	Edwin	Sesipi	20km	Male	35	Sub-Veteran (30-39)	01:25:01	1	879	Nicolette	Griffioen	20km	Female	25	Senior (19-29)	01:50:12
2	1	3062	Tranquil	Gumbo	20km	Male	26	Senior (19-29)	01:28:52	1	1020	Karine	Bezuidenhout	20km	Female	31	Sub-Veteran (30-39)	02:10:43
3	2	838	Thabang	Madiba	20km	Male	33	Sub-Veteran (30-39)	01:29:58	2	810	Nicky	Booyens	20km	Female	39	Sub-Veteran (30-39)	02:14:05
4	3	1025	Simon	Tshabalala	20km	Male	37	Sub-Veteran (30-39)	01:32:56	1	884	Lee	Olivier	20km	Female	45	Veteran (40-49)	02:28:04
5	1	938	Jock	Green	20km	Male	43	Veteran (40-49)	01:40:12	2	875	Anella	Conradie	20km	Female	45	Veteran (40-49)	02:35:34
6	2	853	Marcus	Crowther	20km	Male	27	Senior (19-29)	01:45:02	3	824	Dzunisani	Mashele	20km	Female	33	Sub-Veteran (30-39)	02:38:04
7	4	3006	Dillon	Mcevoy	20km	Male	30	Sub-Veteran (30-39)	01:47:15	2	1059	Melissa	Kretzinger	20km	Female	26	Senior (19-29)	02:41:14
8	5	1067	Dale	Kretzinger	20km	Male	31	Sub-Veteran (30-39)	01:47:41	3	3031	ZOE	MERSON-DAV	20km	Female	46	Veteran (40-49)	02:47:59
9	3	899	Jason	Friedman	20km	Male	29	Senior (19-29)	01:50:44	1	891	Joanie	Coetzee	20km	Female	55	Master (50-59)	02:48:55
10	6	904	Laurie	Turmaala	20km	Male	35	Sub-Veteran (30-39)	01:55:13	3	816	Taryn	McLintock	20km	Female	28	Senior (19-29)	02:51:05
11	7	843	Andrew	Craig	20km	Male	33	Sub-Veteran (30-39)	01:56:04	4	1029	Robyn	John	20km	Female	39	Sub-Veteran (30-39)	02:54:09
12	2	1081	Nick	Galpine	20km	Male	41	Veteran (40-49)	01:56:31	4	994	Ronel	Wallis	20km	Female	46	Veteran (40-49)	03:00:07
13	8	1005	Daniel	Jenner	20km	Male	39	Sub-Veteran (30-39)	01:56:54	2	935	Kim	Hagger	20km	Female	52	Master (50-59)	03:00:24
14	9	1014	Nathan	Hunt	20km	Male	35	Sub-Veteran (30-39)	01:57:18	5	820	Heste-Mari	Viviers	20km	Female	32	Sub-Veteran (30-39)	03:02:44
15	4	1047	Jacques	Mare	20km	Male	24	Senior (19-29)	01:57:26	4	3142	Eloise	Heunis	20km	Female	27	Senior (19-29)	03:03:02
16	3	895	Anton	Nel	20km	Male	40	Veteran (40-49)	01:58:43	6	840	Martinette	Engelbrecht	20km	Female	32	Sub-Veteran (30-39)	03:05:07
17	10	3113	Bernard	Spies	20km	Male	37	Sub-Veteran (30-39)	02:00:00	7	3055	Mercia	Van Heerden	20km	Female	31	Sub-Veteran (30-39)	03:05:30
18	11	977	Pete	Haw	20km	Male	30	Sub-Veteran (30-39)	02:01:01	5	981	Ilze	Wagener	20km	Female	42	Veteran (40-49)	03:05:32
19	12	939	Raun	Stockler	20km	Male	35	Sub-Veteran (30-39)	02:01:04	8	3054	Haneke	Jonas	20km	Female	39	Sub-Veteran (30-39)	03:09:06
20	13	943	Robert	Crichton	20km	Male	31	Sub-Veteran (30-39)	02:01:50	9	850	Bea	Moolman	20km	Female	36	Sub-Veteran (30-39)	03:25:58
21	4	3033	Gerhard	Dobie	20km	Male	45	Veteran (40-49)	02:04:42	6	3077	Masiba	Ntsele	20km	Female	48	Veteran (40-49)	04:09:03
22	5	813	Jurgens	Potgieter	20km	Male	40	Veteran (40-49)	02:05:03	7	811	Roelien	Geyser	20km	Female	48	Veteran (40-49)	04:13:38
23	14	3103	Nic	van der Walt	20km	Male	34	Sub-Veteran (30-39)	02:05:56	8	993	Nicolette	Koch	20km	Female	42	Veteran (40-49)	04:13:41
24	15	940	PIERRE	GRANDET	20km	Male	35	Sub-Veteran (30-39)	02:07:59									
25	6	1072	Riaan	Wolfolardt	20km	Male	48	Veteran (40-49)	02:09:58									
26	5	1084	Chris	Everts	20km	Male	24	Senior (19-29)	02:12:20									
27	6	3024	Matthew	Slabbert	20km	Male	20	Senior (19-29)	02:14:28									
28	16	1007	William	Saunders	20km	Male	34	Sub-Veteran (30-39)	02:15:42									
29	17	887	Neil	Mackenzie	20km	Male	34	Sub-Veteran (30-39)	02:15:55									
30	1	3104	Mark	Rogotzki	20km	Male	50	Master (50-59)	02:19:58									
31	18	924	Luan	van Rhyn	20km	Male	39	Sub-Veteran (30-39)	02:20:56									
32	19	1095	Scott	Hauptfleisch	20km	Male	36	Sub-Veteran (30-39)	02:21:57									
33	20	833	James	Hauptfleisch	20km	Male	33	Sub-Veteran (30-39)	02:21:59									
34	7	1043	Paul	Littlejohn	20km	Male	43	Veteran (40-49)	02:22:26									
35	21	1049	Tim	Pikor	20km	Male	36	Sub-Veteran (30-39)	02:22:34									
36	8	931	Theo	Van Schalkwyk	20km	Male	41	Veteran (40-49)	02:23:52									
37	9	1080	Johan	Moolman	20km	Male	41	Veteran (40-49)	02:23:56									
38	10	3112	Edward	Burke	20km	Male	45	Veteran (40-49)	02:23:58									
39	7	936	Wesley	Boshoff	20km	Male	28	Senior (19-29)	02:24:01									
40	22	3056	Henk	Appelo	20km	Male	36	Sub-Veteran (30-39)	02:24:45									

20km

MALE

FEMALE

Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	
41	23	957	Soobramoney	Padayachee	20km	Male	36	Sub-Veteran (30-39)	02:24:49										
42	24	3125	Dan	Van Tonder	20km	Male	37	Sub-Veteran (30-39)	02:25:51										
43	8	812	Francois	Mulock-Houwer	20km	Male	26	Senior (19-29)	02:26:34										
44	11	982	Brian	Arendse	20km	Male	42	Veteran (40-49)	02:27:23										
45	12	865	Sean	Aspoas	20km	Male	46	Veteran (40-49)	02:27:29										
46	25	3128	Kgopotso Rud	Mononyane	20km	Male	39	Sub-Veteran (30-39)	02:28:21										
47	26	842	Walter	Gahler	20km	Male	32	Sub-Veteran (30-39)	02:29:07										
48	27	959	Warick	Bekker	20km	Male	35	Sub-Veteran (30-39)	02:30:33										
49	13	1077	Michael	Cook	20km	Male	45	Veteran (40-49)	02:31:37										
50	9	3088	Jensen	Safaris	20km	Male	27	Senior (19-29)	02:32:08										
51	28	1064	pierre	joubert	20km	Male	36	Sub-Veteran (30-39)	02:32:23										
52	29	1082	Jonty	Sacks	20km	Male	32	Sub-Veteran (30-39)	02:33:12										
53	14	1094	Paul	Venter	20km	Male	43	Veteran (40-49)	02:34:15										
54	2	925	Nolan	Diaz	20km	Male	51	Master (50-59)	02:35:25										
55	15	882	Sello	Taunyane	20km	Male	44	Veteran (40-49)	02:35:27										
56	16	1090	Brian	Holmes	20km	Male	42	Veteran (40-49)	02:35:28										
57	30	827	Dean	De Bree	20km	Male	35	Sub-Veteran (30-39)	02:36:59										
58	31	922	Ernst	Dill	20km	Male	34	Sub-Veteran (30-39)	02:38:24										
59	32	932	Werner	Steinbach	20km	Male	32	Sub-Veteran (30-39)	02:38:33										
60	10	822	Hein	Heunis	20km	Male	27	Senior (19-29)	02:38:38										
61	33	1086	Matthew	Kassel	20km	Male	32	Sub-Veteran (30-39)	02:40:38										
62	34	952	Jason	Rademan	20km	Male	31	Sub-Veteran (30-39)	02:40:55										
63	17	862	William	Wilson	20km	Male	42	Veteran (40-49)	02:41:59										
64	3	900	Joe	de Lima	20km	Male	52	Master (50-59)	02:42:55										
65	18	3092	Malcolm	Haefner	20km	Male	47	Veteran (40-49)	02:43:04										
66	11	1063	Adrienne	Croeser	20km	Male	28	Senior (19-29)	02:45:43										
67	19	1078	Pierre	de Klerk	20km	Male	45	Veteran (40-49)	02:45:57										
68	4	1039	gavin	sacks	20km	Male	51	Master (50-59)	02:50:33										
69	35	841	Wayne	Stone	20km	Male	35	Sub-Veteran (30-39)	02:58:57										
70	20	870	Sphiwe	Makathini	20km	Male	41	Veteran (40-49)	03:00:13										
71	1	923	Con	Roux	20km	Male	63	Grand-Master (60+)	03:00:26										
72	2	1088	Hendrik	Naude	20km	Male	65	Grand-Master (60+)	03:01:04										
73	36	863	Lauren	Dally	20km	Male	33	Sub-Veteran (30-39)	03:02:01										
74	5	1009	John	Cronje	20km	Male	59	Master (50-59)	03:04:05										
75	37	830	Andrew	Delmont	20km	Male	39	Sub-Veteran (30-39)	03:04:10										
76	21	3075	Antonio	De Franca	20km	Male	47	Veteran (40-49)	03:04:20										
77	6	1017	Gary	Hewitt	20km	Male	52	Master (50-59)	03:08:24										
78	38	1076	Adrian	Moss	20km	Male	39	Sub-Veteran (30-39)	03:09:13										
79	22	1036	James	Wood	20km	Male	40	Veteran (40-49)	03:10:08										
80	23	956	riaan	meyer	20km	Male	44	Veteran (40-49)	03:11:51										

20km																			
MALE										FEMALE									
Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	
81	24	1026	Phil	Ditshwene	20km	Male	46	Veteran (40-49)	03:38:07										
82	7	965	Hunter	Modise	20km	Male	54	Master (50-59)	04:09:04										
83	25	949	Berdene	Terry	20km	Male	41	Veteran (40-49)	04:13:37										
84	39	980	Ludvig	Andersen	20km	Male	36	Sub-Veteran (30-39)	NULL										
85	26	3095	Mazu	Ndandani	20km	Male	40	Veteran (40-49)	NULL										
86																			
87																			
88																			
89																			
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120																			

13km

MALE										FEMALE								
Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime
1	1	4091	Ofentse	Mokotelakwena	13km	Male	23	Senior (19-29)	01:05:41	1	1579	Johandri	Leicester	13km	Female	30	Sub-Veteran (30-39)	01:25:34
2	2	1466	Katlego	Nthathe	13km	Male	24	Senior (19-29)	01:06:26	2	4047	Takalani	Ndandani	13km	Female	37	Sub-Veteran (30-39)	01:38:35
3	1	1409	Moses	Mtenje	13km	Male	31	Sub-Veteran (30-39)	01:08:10	3	4105	Nichole	Spangenberg	13km	Female	34	Sub-Veteran (30-39)	01:46:55
4	2	1301	Mapepane	Mahlangu	13km	Male	31	Sub-Veteran (30-39)	01:09:19	1	1439	Tamaryn	Bronner	13km	Female	19	Senior (19-29)	01:49:02
5	3	4110	Simon	Mohlosi	13km	Male	24	Senior (19-29)	01:17:22	1	4043	Veronica	Warmington	13km	Female	46	Veteran (40-49)	01:49:48
6	3	4090	Ryan	Mathaba	13km	Male	35	Sub-Veteran (30-39)	01:17:28	2	4050	Ilani	Swanepoel	13km	Female	24	Senior (19-29)	01:54:06
7	4	4037	Kraig	Wright	13km	Male	25	Senior (19-29)	01:23:39	4	4104	Sandi	Cloete	13km	Female	32	Sub-Veteran (30-39)	02:00:20
8	5	1592	Juan-Pierre	Mare	13km	Male	26	Senior (19-29)	01:24:58	5	1246	Thato	Tau	13km	Female	32	Sub-Veteran (30-39)	02:00:56
9	1	4111	Timothy	Coventry	13km	Male	43	Veteran (40-49)	01:39:32	3	1537	Daniele	Labuschagne	13km	Female	25	Senior (19-29)	02:04:01
10	4	4058	Claude	Truter	13km	Male	34	Sub-Veteran (30-39)	01:39:47	2	1467	Tarryn	Gordon-Benn	13km	Female	40	Veteran (40-49)	02:05:15
11	6	1516	Brad	Nelson	13km	Male	29	Senior (19-29)	01:39:54	6	4072	LESLIE	GRANDET	13km	Female	30	Sub-Veteran (30-39)	02:07:20
12	5	4066	Martin	Blignaut	13km	Male	33	Sub-Veteran (30-39)	01:40:26	1	4147	Mignon	Lohse	13km	Female	51	Master (50-59)	02:07:37
13	2	4040	Abiel	Rantsieng	13km	Male	40	Veteran (40-49)	01:45:29	7	1329	JULIANA	VAN NIEKERK	13km	Female	34	Sub-Veteran (30-39)	02:11:31
14	7	4138	Greg	Roxburgh	13km	Male	22	Senior (19-29)	01:47:40	8	4093	Ingrid	Hauger	13km	Female	36	Sub-Veteran (30-39)	02:12:47
15	3	1481	Collin	Sachs	13km	Male	40	Veteran (40-49)	01:48:23	9	1462	Georgie	Jephson	13km	Female	35	Sub-Veteran (30-39)	02:13:37
16	4	4084	Ben	Sheppard	13km	Male	41	Veteran (40-49)	01:48:45	2	1270	Marina	Botes	13km	Female	51	Master (50-59)	02:22:00
17	5	1424	Craig	Brown	13km	Male	44	Veteran (40-49)	01:49:45	4	1403	Kirsten	Roberts	13km	Female	24	Senior (19-29)	02:22:56
18	8	1596	Kenneth	Slabbert	13km	Male	22	Senior (19-29)	01:50:34	1	1475	Thelma	O'Donnell	13km	Female	61	Grand-Master (60+)	02:23:17
19	1	1418	Johan	Pretorious	13km	Male	58	Master (50-59)	01:53:13	10	892	Claudia	Richard	13km	Female	31	Sub-Veteran (30-39)	02:24:58
20	6	1228	Cornelius	Meyer	13km	Male	42	Veteran (40-49)	01:53:36	3	1317	Michelle	Oelschig	13km	Female	52	Master (50-59)	02:25:26
21	7	1314	Jason	Burke	13km	Male	47	Veteran (40-49)	01:54:04	11	1239	Deirdre	van Zyl Smit	13km	Female	35	Sub-Veteran (30-39)	02:27:27
22	8	1545	Warren	Bronner	13km	Male	46	Veteran (40-49)	01:54:46	12	4008	Dimakatso	Singo	13km	Female	39	Sub-Veteran (30-39)	02:29:16
23	9	1353	Jean-Louis	Nel	13km	Male	24	Senior (19-29)	01:55:09	3	4124	Sharon	Coventry	13km	Female	44	Veteran (40-49)	02:30:23
24	10	1381	Szymon	Welgus	13km	Male	24	Senior (19-29)	01:55:53	4	1251	Tanya	Spratt	13km	Female	51	Master (50-59)	02:30:26
25	9	1449	Tim	Mitchell	13km	Male	42	Veteran (40-49)	01:57:27	4	1514	Judy	Vanderwager	13km	Female	46	Veteran (40-49)	02:30:28
26	2	1370	Geoff	Luptonsmith	13km	Male	59	Master (50-59)	01:58:55	5	1493	Chrissie	Jay	13km	Female	45	Veteran (40-49)	02:30:29
27	1	4069	Felix	Rogotzki	13km	Male	17	16 to 18	02:00:44	6	1479	Julie	Tucker	13km	Female	40	Veteran (40-49)	02:30:30
28	6	1255	Martin	Winter	13km	Male	36	Sub-Veteran (30-39)	02:00:54	5	1465	Wilme	Olivier	13km	Female	26	Senior (19-29)	02:31:49
29	7	1484	Sven	Mollgaard	13km	Male	37	Sub-Veteran (30-39)	02:03:24	13	4078	Nthabiseng	Tau	13km	Female	37	Sub-Veteran (30-39)	02:31:58
30	10	4136	Rob	Cinti	13km	Male	48	Veteran (40-49)	02:03:26	7	1300	Fiona	Rollason	13km	Female	44	Veteran (40-49)	02:32:14
31	8	4024	Craig	Gordon-Bennet	13km	Male	38	Sub-Veteran (30-39)	02:05:18	14	4012	Marissa	Griesel	13km	Female	32	Sub-Veteran (30-39)	02:32:45
32	11	1299	Etienne	Du Toit	13km	Male	44	Veteran (40-49)	02:05:19	6	1458	Anouchka	Van der Walt	13km	Female	28	Senior (19-29)	02:33:17
33	9	4081	Ashley	Hattingh	13km	Male	33	Sub-Veteran (30-39)	02:08:22	7	1562	Liezl	Boshoff	13km	Female	28	Senior (19-29)	02:33:39
34	10	1402	Henry	Leicester	13km	Male	30	Sub-Veteran (30-39)	02:08:23	8	4038	Ingrid	McMahon	13km	Female	42	Veteran (40-49)	02:33:55
35	3	4131	Simon	Yates	13km	Male	56	Master (50-59)	02:08:38	15	1565	Cornel	Muller Papen	13km	Female	35	Sub-Veteran (30-39)	02:34:29
36	12	1236	Steven	Carlin	13km	Male	47	Veteran (40-49)	02:08:55	16	4082	Cornelle	Dewar	13km	Female	35	Sub-Veteran (30-39)	02:37:46
37	11	1589	Mardus	Strydom	13km	Male	34	Sub-Veteran (30-39)	02:11:56	5	1596	Jenny	Harrington-Jo	13km	Female	58	Master (50-59)	02:38:59
38	11	1471	Nadine	de Beer	13km	Male	26	Senior (19-29)	02:11:57	17	4075	Marelle	Meintjies	13km	Female	31	Sub-Veteran (30-39)	02:41:42
39	4	4055	bryan	mccourt	13km	Male	51	Master (50-59)	02:13:09	9	4134	Seena	Azmuth	13km	Female	47	Veteran (40-49)	02:46:09
40	13	4101	Andrew	Raine	13km	Male	44	Veteran (40-49)	02:14:33	10	1371	Jenny	Aspoas	13km	Female	45	Veteran (40-49)	02:49:19

13km																		
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Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime
41	14	1477	James	Lloyd	13km	Male	42	Veteran (40-49)	02:15:02	11	888	Sunette	Van den Berg	13km	Female	42	Veteran (40-49)	02:54:25
42	15	1478	Justin	Lloyd	13km	Male	42	Veteran (40-49)	02:15:10	8	4123	Jolandie	Broodryk	13km	Female	29	Senior (19-29)	02:57:51
43	16	1499	Jerry	Greyling	13km	Male	47	Veteran (40-49)	02:15:51	12	1221	Annette	Van der West	13km	Female	48	Veteran (40-49)	03:04:44
44	12	4044	Adriaan	Nel	13km	Male	31	Sub-Veteran (30-39)	02:16:36	6	1207	Esme	Cotty	13km	Female	56	Master (50-59)	03:05:16
45	13	1517	Pieter	Viljoen	13km	Male	39	Sub-Veteran (30-39)	02:22:02	7	4087	Helen	De Kock	13km	Female	51	Master (50-59)	03:05:44
46	14	1492	Johan	Marnewick	13km	Male	36	Sub-Veteran (30-39)	02:22:30	18	1547	Charmain	Blignaut	13km	Female	32	Sub-Veteran (30-39)	03:07:24
47	1	4107	Max	Rogotzki	13km	Male	15	12 to 15	02:22:52	8	1436	Eshter	Blignaut	13km	Female	55	Master (50-59)	03:09:17
48	15	989	Justin	Austin	13km	Male	34	Sub-Veteran (30-39)	02:25:54	13	4083	Carmel	Joseph	13km	Female	47	Veteran (40-49)	03:14:53
49	5	1322	Frank	Bekkens	13km	Male	54	Master (50-59)	02:25:59	9	4097	Tshegofats	Aphane	13km	Female	26	Senior (19-29)	03:15:37
50	17	4006	David	Baird	13km	Male	44	Veteran (40-49)	02:27:58	14	1200	Sonia	Boarato	13km	Female	42	Veteran (40-49)	03:23:47
51	18	1290	Gerard	Heath	13km	Male	46	Veteran (40-49)	02:28:04	19	1249	Winrie	Kruger	13km	Female	36	Sub-Veteran (30-39)	03:24:19
52	19	1428	Sakhile	Sigudu	13km	Male	43	Veteran (40-49)	02:29:13	20	4052	Nadia	Kaldine	13km	Female	32	Sub-Veteran (30-39)	03:33:30
53	16	1426	Albert	Meintjies	13km	Male	31	Sub-Veteran (30-39)	02:29:19	9	1597	Marion	Joubert	13km	Female	52	Master (50-59)	03:33:33
54	12	1476	Dewald	Viljoen	13km	Male	29	Senior (19-29)	02:31:45	15	1557	Inge	Kun	13km	Female	47	Veteran (40-49)	03:33:38
55	1	1524	John	Rollason	13km	Male	69	Grand-Master (60+)	02:32:23	10	995	gillian	flaxman	13km	Female	52	Master (50-59)	03:37:20
56	20	1384	Ronald	Eykenduyn	13km	Male	49	Veteran (40-49)	02:32:59	21	1552	Charmaine	More	13km	Female	37	Sub-Veteran (30-39)	03:40:09
57	6	1295	Grant	Clack	13km	Male	55	Master (50-59)	02:33:01	10	1304	preshentha	naidoo	13km	Female	29	Senior (19-29)	03:41:53
58	13	1472	Dirk	van Zyl	13km	Male	28	Senior (19-29)	02:33:19	11	4041	Aimee	Thatcher	13km	Female	29	Senior (19-29)	NULL
59	17	4060	Emile	Papenfus	13km	Male	36	Sub-Veteran (30-39)	02:34:28									
60	7	4057	Steve	Joubert	13km	Male	57	Master (50-59)	02:36:40									
61	2	1559	Arnold	Bischoff	13km	Male	70	Grand-Master (60+)	02:39:28									
62	18	1259	Tracy	Hughes	13km	Male	38	Sub-Veteran (30-39)	02:42:32									
63	21	885	Donald	Young	13km	Male	48	Veteran (40-49)	02:44:22									
64	19	1489	Roald	van Zyl Smit	13km	Male	39	Sub-Veteran (30-39)	02:48:52									
65	22	4145	Greg	Blanckenberg	13km	Male	44	Veteran (40-49)	02:57:08									
66	20	1379	Johan	Broodryk	13km	Male	30	Sub-Veteran (30-39)	02:59:03									
67	8	1306	Douglas	Cotty	13km	Male	55	Master (50-59)	03:05:40									
68	3	4109	Alec	Wainwright	13km	Male	68	Grand-Master (60+)	03:17:55									
69	21	1271	ARTHUR	SCHIEBLER	13km	Male	32	Sub-Veteran (30-39)	03:20:21									
70	22	4115	Craig	Nicol	13km	Male	37	Sub-Veteran (30-39)	03:23:46									
71	14	1363	Adil	Kaldine	13km	Male	29	Senior (19-29)	03:33:29									
72	23	1254	Frans	Du Toit	13km	Male	48	Veteran (40-49)	03:33:37									
73	9	3036	steven	flaxman	13km	Male	50	Master (50-59)	03:37:17									
74																		
75																		
76																		
77																		
78																		
79																		
80																		

5km																		
MALE										FEMALE								
Overall Position	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime	Category Position	RaceNo	FirstName	LastName	RaceDistance	Gender	Age	AgeCategory	RaceTime
1	1	2092	Sello	Ramaloko	5km	Male	40	Veteran (40-49)	00:27:28	1	129	Marisa	Marais	5km	Female	42	Veteran (40-49)	00:44:32
2	1	265	Ishmael	Tau	5km	Male	24	Senior (19-29)	00:29:53	2	354	Gertbrecht	Van Ghent	5km	Female	48	Veteran (40-49)	00:46:18
3	2	245	Samuel	Matinea	5km	Male	28	Senior (19-29)	00:31:58	1	92	Marize	Marais	5km	Female	34	Sub-Veteran (30-39)	00:47:48
4	1	176	Conner	Meyer	5km	Male	14	12 to 15	00:36:19	2	2071	Lisa	Spires Sachs	5km	Female	38	Sub-Veteran (30-39)	00:48:10
5	1	253	Chris	Spangenberg	5km	Male	34	Sub-Veteran (30-39)	00:36:54	1	339	Sandy	Heath	5km	Female	53	Master (50-59)	00:48:16
6	2	206	Martin	Hauger	5km	Male	40	Veteran (40-49)	00:38:14	1	173	Kaylin	Aspoas	5km	Female	14	12 to 15	00:50:47
7	3	24	Mads	Dirckinck-Holmf	5km	Male	25	Senior (19-29)	00:39:02	3	135	Holly	van Reede va	5km	Female	33	Sub-Veteran (30-39)	00:51:11
8	3	101	Henry	Bekker	5km	Male	44	Veteran (40-49)	00:40:13	1	315	Elaine	Hattingh	5km	Female	29	Senior (19-29)	00:53:07
9	4	163	Darryl	Spratt	5km	Male	48	Veteran (40-49)	00:44:24	2	164	Tara	Roberts	5km	Female	27	Senior (19-29)	00:54:14
10	1	84	Lian	Jonas	5km	Male	11	Under 11	00:44:28	1	224	Julia	Aspoas	5km	Female	11	Under 11	00:56:28
11	2	318	Estevoa	Luis	5km	Male	32	Sub-Veteran (30-39)	00:47:55	2	189	Gabriella	Mitchell	5km	Female	10	Under 11	00:56:32
12	3	2121	Johan	Louw	5km	Male	36	Sub-Veteran (30-39)	00:48:04	3	205	Carolyn	Mitchell	5km	Female	43	Veteran (40-49)	00:56:43
13	4	235	Lennie	Marais	5km	Male	35	Sub-Veteran (30-39)	00:49:14	3	281	Bianca	Young	5km	Female	25	Senior (19-29)	00:56:53
14	5	2147	Jaco	Van Gerve	5km	Male	35	Sub-Veteran (30-39)	00:51:12	2	20	Yvonne	Masheshe	5km	Female	56	Master (50-59)	00:58:19
15	4	2061	Juan	De Villiers	5km	Male	23	Senior (19-29)	00:53:08	4	40	verena	Altern	5km	Female	48	Veteran (40-49)	00:58:29
16	5	2120	Jasa	Roberts	5km	Male	28	Senior (19-29)	00:54:12	1	2001	Leia	Torrente	5km	Female	16	16 to 18	01:03:16
17	6	2010	Pieter	Rossouw	5km	Male	39	Sub-Veteran (30-39)	00:54:48	3	2132	Kayla	brown	5km	Female	10	Under 11	01:03:53
18	1	2093	Glyn	Boddy	5km	Male	53	Master (50-59)	00:55:42	4	254	Samantha	Greyling	5km	Female	11	Under 11	01:07:02
19	2	2039	Robert	Mitchell	5km	Male	8	Under 11	00:56:42	4	383	Ashley	Reuvers	5km	Female	29	Senior (19-29)	01:07:04
20	7	107	Willem	Erasmus	5km	Male	37	Sub-Veteran (30-39)	00:56:54	5	2044	Emily	Du Toit	5km	Female	10	Under 11	01:07:47
21	5	2114	Conrad	De Swardt	5km	Male	48	Veteran (40-49)	00:57:48	4	255	Helesti	Daye-Fourie	5km	Female	38	Sub-Veteran (30-39)	01:08:16
22	3	2148	Timotthy	Slabbert	5km	Male	11	Under 11	01:02:07	3	2126	Karen	Eksteen	5km	Female	50	Master (50-59)	01:08:26
23	4	311	Luan	Van Zyl Smit	5km	Male	7	Under 11	01:02:10	5	310	Carine	Du Toit	5km	Female	41	Veteran (40-49)	01:11:40
24	6	160	Kennett	Strydom	5km	Male	21	Senior (19-29)	01:02:16	4	2115	Shirley	Boom	5km	Female	51	Master (50-59)	01:15:04
25	6	369	Johann	Coetzee	5km	Male	42	Veteran (40-49)	01:02:21	1	2127	Delia	Dunbar	5km	Female	61	Grand-Master (60+)	01:22:12
26	8	156	Karen	Brown	5km	Male	39	Sub-Veteran (30-39)	01:03:56	6	324	Elzaan	Meyer	5km	Female	43	Veteran (40-49)	01:22:16
27	2	2110	Dario	Torrente	5km	Male	51	Master (50-59)	01:04:03	7	96	Marina	Francis	5km	Female	48	Veteran (40-49)	01:22:37
28	1	76	Walter	Gahler	5km	Male	61	Grand-Master (60+)	01:06:24	5	316	Wendy	Yates	5km	Female	55	Master (50-59)	01:23:48
29	5	2119	James	Du Toit	5km	Male	7	Under 11	01:07:49	5	113	Giverny	Yates	5km	Female	22	Senior (19-29)	01:23:53
30	2	212	Greg	Saar	5km	Male	67	Grand-Master (60+)	01:12:59	8	2	Leanne	Stone	5km	Female	40	Veteran (40-49)	01:26:22
31	3	292	George	Francis	5km	Male	50	Master (50-59)	01:22:35	6	2033	Amon	Jonas	5km	Female	8	Under 11	01:26:25
32										7	116	Inge	Van Zyl Smit	5km	Female	8	Under 11	01:26:26
33										5	398	Joelene	Klitzner	5km	Female	39	Sub-Veteran (30-39)	01:29:47
34										8	2134	Jessica	Klitzner	5km	Female	8	Under 11	01:29:49
35										9	2040	Rich	Jonas	5km	Female	7	Under 11	01:29:57
36										10	21	Izette	Coetzee	5km	Female	5	Under 11	01:30:41
37										6	234	Amanda	Coetzee	5km	Female	38	Sub-Veteran (30-39)	01:30:58
38										11	103	Sune	Coetzee	5km	Female	7	Under 11	01:31:00
39										6	98	Sandra	Slabbert	5km	Female	51	Master (50-59)	NULL
40																		