



# BIODEN Spring Retro Run 2017

2017-09-22 - PwC Bike Park



| 8.5km            |                   |          |             |                |              |        |     |                     |          |                   |        |           |              |              |        |     |                     |          |
|------------------|-------------------|----------|-------------|----------------|--------------|--------|-----|---------------------|----------|-------------------|--------|-----------|--------------|--------------|--------|-----|---------------------|----------|
| MALE             |                   |          |             |                |              |        |     |                     |          | FEMALE            |        |           |              |              |        |     |                     |          |
| Overall Position | Category Position | RaceNo   | FirstName   | LastName       | RaceDistance | Gender | Age | AgeCategory         | RaceTime | Category Position | RaceNo | FirstName | LastName     | RaceDistance | Gender | Age | AgeCategory         | RaceTime |
| 1                | 1                 | 1301     | Fidel       | Ncube          | 8.5km        | Male   | 31  | Sub-Veteran (30-39) | 00:38:45 | 1                 | 4055   | Nicole    | Spangenberg  | 8.5km        | Female | 34  | Sub-Veteran (30-39) | 00:45:44 |
| 2                | 1                 | 4016     | Warryn      | Fayard         | 8.5km        | Male   | 25  | Senior (19-29)      | 00:39:50 | 1                 | 4088   | Sam       | Gilchrist    | 8.5km        | Female | 40  | Veteran (40-49)     | 00:48:34 |
| 3                | 2                 | 1335     | Wayde       | Adams          | 8.5km        | Male   | 29  | Senior (19-29)      | 00:39:52 | 2                 | 4092   | Sam       | Ryder        | 8.5km        | Female | 43  | Veteran (40-49)     | 00:48:58 |
| 4                | 3                 | 4054     | Tiaan       | De Lange       | 8.5km        | Male   | 27  | Senior (19-29)      | 00:39:53 | 1                 | 1484   | Talia     | Naude        | 8.5km        | Female | 27  | Senior (19-29)      | 00:49:09 |
| 5                | 2                 | 1418     | Andrew      | Lapin          | 8.5km        | Male   | 33  | Sub-Veteran (30-39) | 00:41:36 | 2                 | 1371   | Charlie   | Paget        | 8.5km        | Female | 38  | Sub-Veteran (30-39) | 00:49:58 |
| 6                | 3                 | 1516     | Henry       | Coomans        | 8.5km        | Male   | 33  | Sub-Veteran (30-39) | 00:42:03 | 3                 | 1574   | Tronel    | Smith        | 8.5km        | Female | 32  | Sub-Veteran (30-39) | 00:52:19 |
| 7                | 1                 | 1517     | Alain       | Le Roux        | 8.5km        | Male   | 46  | Veteran (40-49)     | 00:43:08 | 4                 | 1436   | Natasha   | Deley        | 8.5km        | Female | 35  | Sub-Veteran (30-39) | 00:52:33 |
| 8                | 2                 | 1566     | Hannes (JM) | Van Der Merwe  | 8.5km        | Male   | 40  | Veteran (40-49)     | 00:44:56 | 5                 | 1379   | Tammy     | Wolhuter     | 8.5km        | Female | 35  | Sub-Veteran (30-39) | 00:53:16 |
| 9                | 3                 | 1414     | Nqobile     | Ndlovu         | 8.5km        | Male   | 40  | Veteran (40-49)     | 00:45:06 | 2                 | 4141   | Kirsten   | Stevens-King | 8.5km        | Female | 25  | Senior (19-29)      | 00:55:18 |
| 10               | 4                 | 1381     | Janse       | Krynauw        | 8.5km        | Male   | 28  | Senior (19-29)      | 00:45:24 | 6                 | 1565   | Benedicte | Spinewine    | 8.5km        | Female | 37  | Sub-Veteran (30-39) | 00:56:50 |
| 11               | 5                 | 1440     | Alex        | Debruyen       | 8.5km        | Male   | 29  | Senior (19-29)      | 00:45:34 | 3                 | 1255   | Jessica   | Hemer        | 8.5km        | Female | 25  | Senior (19-29)      | 00:56:57 |
| 12               | 4                 | 4057     | Clive       | Smith          | 8.5km        | Male   | 37  | Sub-Veteran (30-39) | 00:46:15 | 7                 | 1493   | Carla     | De Witt      | 8.5km        | Female | 31  | Sub-Veteran (30-39) | 00:57:08 |
| 13               | 5                 | 1314     | Adrian      | Van Lieshout   | 8.5km        | Male   | 38  | Sub-Veteran (30-39) | 00:46:36 | 4                 | 1520   | Joanne    | Bartie       | 8.5km        | Female | 28  | Senior (19-29)      | 00:57:17 |
| 14               | 6                 | 1409     | Dean        | De Bree        | 8.5km        | Male   | 35  | Sub-Veteran (30-39) | 00:46:49 | 5                 | 1562   | Danielle  | Labuschagne  | 8.5km        | Female | 25  | Senior (19-29)      | 00:57:47 |
| 15               | 7                 | TRAIL123 | Charles     | Norman         | 8.5km        | Male   | 38  | Sub-Veteran (30-39) | 00:46:52 | 3                 | 1547   | Cathrine  | Boyle        | 8.5km        | Female | 43  | Veteran (40-49)     | 00:58:51 |
| 16               | 8                 | 1419     | Chaz        | Freislich      | 8.5km        | Male   | 32  | Sub-Veteran (30-39) | 00:47:12 | 6                 | 1228   | Lucie     | Collard      | 8.5km        | Female | 29  | Senior (19-29)      | 00:59:06 |
| 17               | 6                 | 1483     | Nick        | Schwenke       | 8.5km        | Male   | 25  | Senior (19-29)      | 00:47:14 | 7                 | 1348   | Alexi     | Du Toit      | 8.5km        | Female | 28  | Senior (19-29)      | 01:00:21 |
| 18               | 9                 | 1295     | John        | Black          | 8.5km        | Male   | 37  | Sub-Veteran (30-39) | 00:47:28 | 8                 | 1472   | Esti      | Louw         | 8.5km        | Female | 33  | Sub-Veteran (30-39) | 01:00:29 |
| 19               | 10                | 4130     | Daryl       | Mulder         | 8.5km        | Male   | 37  | Sub-Veteran (30-39) | 00:48:03 | 8                 | 1209   | Catalina  | Reeves       | 8.5km        | Female | 26  | Senior (19-29)      | 01:00:37 |
| 20               | 7                 | 4008     | Delano      | Conradie       | 8.5km        | Male   | 28  | Senior (19-29)      | 00:48:25 | 9                 | 1246   | Marize    | Marais       | 8.5km        | Female | 33  | Sub-Veteran (30-39) | 01:01:52 |
| 21               | 8                 | 1596     | Daniel      | Eden           | 8.5km        | Male   | 25  | Senior (19-29)      | 00:49:25 | 10                | 4044   | Kelly     | Olls         | 8.5km        | Female | 30  | Sub-Veteran (30-39) | 01:01:54 |
| 22               | 9                 | 4082     | David       | Valentim       | 8.5km        | Male   | 27  | Senior (19-29)      | 00:50:11 | 9                 | 1290   | Janee     | Caboz        | 8.5km        | Female | 26  | Senior (19-29)      | 01:03:01 |
| 23               | 11                | 4002     | Delamaine   | Du Toit        | 8.5km        | Male   | 30  | Sub-Veteran (30-39) | 00:51:23 | 10                | 1557   | Eawn      | Nelson       | 8.5km        | Female | 28  | Senior (19-29)      | 01:03:54 |
| 24               | 4                 | 1275     | Michael     | Cook           | 8.5km        | Male   | 44  | Veteran (40-49)     | 00:51:53 | 11                | 4147   | Claire    | Badenhorst   | 8.5km        | Female | 29  | Senior (19-29)      | 01:03:55 |
| 25               | 10                | 4060     | Jan         | Norval         | 8.5km        | Male   | 28  | Senior (19-29)      | 00:52:08 | 4                 | 1499   | Melisa    | Schulze      | 8.5km        | Female | 40  | Veteran (40-49)     | 01:05:30 |
| 26               | 12                | 4145     | Pieter      | Steyn          | 8.5km        | Male   | 35  | Sub-Veteran (30-39) | 00:52:22 | 12                | 1322   | Anita     | Erasmus      | 8.5km        | Female | 25  | Senior (19-29)      | 01:05:35 |
| 27               | 1                 | 1502     | Gregory     | Hill           | 8.5km        | Male   | 56  | Master (50-59)      | 00:53:03 | 5                 | 1441   | Natalie   | Black        | 8.5km        | Female | 42  | Veteran (40-49)     | 01:05:37 |
| 28               | 5                 | 2092     | Grant       | Williams       | 8.5km        | Male   | 43  | Veteran (40-49)     | 00:53:55 | 11                | 4134   | Lauren    | Dally        | 8.5km        | Female | 33  | Sub-Veteran (30-39) | 01:06:23 |
| 29               | 13                | 4097     | Warren      | Philip         | 8.5km        | Male   | 36  | Sub-Veteran (30-39) | 00:54:15 | 6                 | 1242   | Margie    | Tours        | 8.5km        | Female | 40  | Veteran (40-49)     | 01:06:48 |
| 30               | 6                 | 4024     | Eddie       | Santana        | 8.5km        | Male   | 44  | Veteran (40-49)     | 00:54:15 | 12                | 1270   | Thembi    | Khumalo      | 8.5km        | Female | 36  | Sub-Veteran (30-39) | 01:06:53 |
| 31               | 7                 | 4081     | Louis       | Havad          | 8.5km        | Male   | 47  | Veteran (40-49)     | 00:54:55 | 7                 | 4105   | Thelma    | Joubert      | 8.5km        | Female | 40  | Veteran (40-49)     | 01:07:20 |
| 32               | 11                | 1222     | Alex        | Bratenschlager | 8.5km        | Male   | 28  | Senior (19-29)      | 00:55:32 | 13                | 4111   | Candice   | Harvey       | 8.5km        | Female | 33  | Sub-Veteran (30-39) | 01:07:30 |
| 33               | 14                | 4006     | Germy       | Boogerts       | 8.5km        | Male   | 37  | Sub-Veteran (30-39) | 00:56:04 | 1                 | 1443   | Sandy     | Heath        | 8.5km        | Female | 52  | Master (50-59)      | 01:09:07 |
| 34               | 12                | 4066     | Matthew     | Wilkinson      | 8.5km        | Male   | 25  | Senior (19-29)      | 00:56:49 | 14                | 1568   | Jerusha   | Naidoo       | 8.5km        | Female | 36  | Sub-Veteran (30-39) | 01:14:35 |
| 35               | 15                | 4038     | Paul        | Stergiopoulos  | 8.5km        | Male   | 31  | Sub-Veteran (30-39) | 00:56:56 | 13                | 1307   | Patience  | Mushamiri    | 8.5km        | Female | 26  | Senior (19-29)      | 01:14:47 |

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2017-09-22 - PwC Bike Park



| 8.5km            |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |
|------------------|-------------------|---------|------------|-------------|--------------|--------|-----|---------------------|----------|-------------------|--------|-----------|-----------|--------------|--------|-----|---------------------|----------|
| MALE             |                   |         |            |             |              |        |     |                     |          | FEMALE            |        |           |           |              |        |     |                     |          |
| Overall Position | Category Position | RaceNo  | FirstName  | LastName    | RaceDistance | Gender | Age | AgeCategory         | RaceTime | Category Position | RaceNo | FirstName | LastName  | RaceDistance | Gender | Age | AgeCategory         | RaceTime |
| 36               | 16                | 1428    | Stephan    | Butler      | 8.5km        | Male   | 33  | Sub-Veteran (30-39) | 00:58:21 | 14                | 4115   | Kaylini   | Naidoo    | 8.5km        | Female | 29  | Senior (19-29)      | 01:15:28 |
| 37               | 17                | 1304    | Daniel     | Da Fonseca  | 8.5km        | Male   | 34  | Sub-Veteran (30-39) | 00:58:49 | 15                | 1597   | Memory    | Reid      | 8.5km        | Female | 33  | Sub-Veteran (30-39) | 01:16:23 |
| 38               | 8                 | 1259    | Nate       | Hoblitz     | 8.5km        | Male   | 44  | Veteran (40-49)     | 00:59:00 | 16                | 4047   | Jennifer  | Hislov    | 8.5km        | Female | 31  | Sub-Veteran (30-39) | 01:17:25 |
| 39               | 18                | 4068    | Lennie     | Marais      | 8.5km        | Male   | 33  | Sub-Veteran (30-39) | 01:01:42 | 1                 | 1243   | Kayla     | McDougall | 8.5km        | Female | 18  | 16 to 18            | 01:21:48 |
| 40               | 13                | 4087    | Andrew     | Waddington  | 8.5km        | Male   | 29  | Senior (19-29)      | 01:02:53 | 17                | 1589   | Freda     | Hillocks  | 8.5km        | Female | 34  | Sub-Veteran (30-39) | 01:27:10 |
| 41               | 19                | 4072    | Joshua     | Harrop      | 8.5km        | Male   | 30  | Sub-Veteran (30-39) | 01:03:44 | 18                | 1431   | Sarah     | McDougall | 8.5km        | Female | 39  | Sub-Veteran (30-39) | 01:28:44 |
| 42               | 20                | 1479    | Francois   | Saayman     | 8.5km        | Male   | 30  | Sub-Veteran (30-39) | 01:03:48 | 19                | 1508   | Blaire    | Willson   | 8.5km        | Female | 30  | Sub-Veteran (30-39) | NULL     |
| 43               | 14                | 1402    | Migum      | Dos Santos  | 8.5km        | Male   | 27  | Senior (19-29)      | 01:04:01 |                   |        |           |           |              |        |     |                     |          |
| 44               | 21                | 1426    | David      | Sinclair    | 8.5km        | Male   | 37  | Sub-Veteran (30-39) | 01:04:01 |                   |        |           |           |              |        |     |                     |          |
| 45               | 2                 | 1458    | Frank      | Bekkens     | 8.5km        | Male   | 53  | Master (50-59)      | 01:04:08 |                   |        |           |           |              |        |     |                     |          |
| 46               | 22                | 1583    | Tyron      | Naylor      | 8.5km        | Male   | 34  | Sub-Veteran (30-39) | 01:04:35 |                   |        |           |           |              |        |     |                     |          |
| 47               | 15                | 4107    | Abhinav    | Penmetza    | 8.5km        | Male   | 26  | Senior (19-29)      | 01:05:07 |                   |        |           |           |              |        |     |                     |          |
| 48               | 23                | 1537    | Shaun      | Ringler     | 8.5km        | Male   | 36  | Sub-Veteran (30-39) | 01:05:43 |                   |        |           |           |              |        |     |                     |          |
| 49               | 9                 | 1475    | Sello      | Taunyane    | 8.5km        | Male   | 44  | Veteran (40-49)     | 01:05:53 |                   |        |           |           |              |        |     |                     |          |
| 50               | 10                | 1476    | Suzanne    | Rodd        | 8.5km        | Male   | 40  | Veteran (40-49)     | 01:06:47 |                   |        |           |           |              |        |     |                     |          |
| 51               | 11                | 1579    | Gerhard    | Joubert     | 8.5km        | Male   | 42  | Veteran (40-49)     | 01:07:18 |                   |        |           |           |              |        |     |                     |          |
| 52               | 24                | 4136    | Lwazi      | Ndzobongo   | 8.5km        | Male   | 37  | Sub-Veteran (30-39) | 01:08:10 |                   |        |           |           |              |        |     |                     |          |
| 53               | 16                | 4124    | Mathew     | Fisher      | 8.5km        | Male   | 28  | Senior (19-29)      | 01:08:15 |                   |        |           |           |              |        |     |                     |          |
| 54               | 12                | 2098    | Rene       | Malherbe    | 8.5km        | Male   | 44  | Veteran (40-49)     | 01:10:29 |                   |        |           |           |              |        |     |                     |          |
| 55               | 17                | 1471    | Kudakwashe | Kuzviwanza  | 8.5km        | Male   | 28  | Senior (19-29)      | 01:14:51 |                   |        |           |           |              |        |     |                     |          |
| 56               | 25                | 4131    | Michael    | Reid        | 8.5km        | Male   | 35  | Sub-Veteran (30-39) | 01:16:17 |                   |        |           |           |              |        |     |                     |          |
| 57               | 26                | 1236    | Gareth     | Morgan      | 8.5km        | Male   | 34  | Sub-Veteran (30-39) | 01:16:26 |                   |        |           |           |              |        |     |                     |          |
| 58               | 3                 | TRAIL12 | Ric        | Marini      | 8.5km        | Male   | 62  | Master (50-59)      | 01:19:00 |                   |        |           |           |              |        |     |                     |          |
| 59               | 27                | 4109    | Anesh      | Ranchhod    | 8.5km        | Male   | 35  | Sub-Veteran (30-39) | 01:21:28 |                   |        |           |           |              |        |     |                     |          |
| 60               | 28                | 1470    | Nikolai    | Tokaitchouk | 8.5km        | Male   | 32  | Sub-Veteran (30-39) | NULL     |                   |        |           |           |              |        |     |                     |          |
| 61               |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |
| 62               |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |
| 63               |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |
| 64               |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |
| 65               |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |
| 66               |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |
| 67               |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |
| 68               |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |
| 69               |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |
| 70               |                   |         |            |             |              |        |     |                     |          |                   |        |           |           |              |        |     |                     |          |



# BIOPEN Spring Retro Run 2017

2017-09-22 - PwC Bike Park



| 5km              |                   |        |             |                |              |        |     |                     |          |                   |        |           |              |              |        |     |                     |          |
|------------------|-------------------|--------|-------------|----------------|--------------|--------|-----|---------------------|----------|-------------------|--------|-----------|--------------|--------------|--------|-----|---------------------|----------|
| MALE             |                   |        |             |                |              |        |     |                     |          | FEMALE            |        |           |              |              |        |     |                     |          |
| Overall Position | Category Position | RaceNo | FirstName   | LastName       | RaceDistance | Gender | Age | AgeCategory         | RaceTime | Category Position | RaceNo | FirstName | LastName     | RaceDistance | Gender | Age | AgeCategory         | RaceTime |
| 1                | 1                 | 292    | Nic         | Atkins         | 5km          | Male   | 26  | Senior (19-29)      | 00:20:52 | 1                 | 146    | Talitha   | Scholtz      | 5km          | Female | 33  | Sub-Veteran (30-39) | 00:21:28 |
| 2                | 2                 | 205    | David       | Burrows        | 5km          | Male   | 23  | Senior (19-29)      | 00:23:03 | 1                 | 369    | Debbie    | O'Leary      | 5km          | Female | 40  | Veteran (40-49)     | 00:24:36 |
| 3                | 1                 | 21     | Johann      | Swanepoel      | 5km          | Male   | 45  | Veteran (40-49)     | 00:23:55 | 2                 | 323    | Lorenza   | Van Antwerpe | 5km          | Female | 34  | Sub-Veteran (30-39) | 00:25:01 |
| 4                | 1                 | 2034   | Chris       | Spangenberg    | 5km          | Male   | 34  | Sub-Veteran (30-39) | 00:23:58 | 3                 | 1      | Faith     | Ncube        | 5km          | Female | 31  | Sub-Veteran (30-39) | 00:26:51 |
| 5                | 2                 | 340    | Byron       | Miller         | 5km          | Male   | 31  | Sub-Veteran (30-39) | 00:24:17 | 4                 | 325    | Kim       | Le Roux      | 5km          | Female | 39  | Sub-Veteran (30-39) | 00:27:52 |
| 6                | 3                 | 253    | Lovey       | Ngobeni        | 5km          | Male   | 37  | Sub-Veteran (30-39) | 00:25:14 | 5                 | 96     | Adele     | Lucas        | 5km          | Female | 38  | Sub-Veteran (30-39) | 00:28:35 |
| 7                | 2                 | 173    | Jason       | Fritz          | 5km          | Male   | 42  | Veteran (40-49)     | 00:26:35 | 2                 | 397    | Linda     | Davies       | 5km          | Female | 47  | Veteran (40-49)     | 00:29:12 |
| 8                | 3                 | 2119   | David       | Jones          | 5km          | Male   | 29  | Senior (19-29)      | 00:26:59 | 6                 | 206    | Leigh     | Murdoch      | 5km          | Female | 34  | Sub-Veteran (30-39) | 00:29:15 |
| 9                | 4                 | 106    | Rikus       | Stander        | 5km          | Male   | 32  | Sub-Veteran (30-39) | 00:27:09 | 7                 | 245    | Melanie   | Lotter       | 5km          | Female | 35  | Sub-Veteran (30-39) | 00:29:19 |
| 10               | 4                 | 72     | Jean-Pierre | Van Rooyen     | 5km          | Male   | 28  | Senior (19-29)      | 00:27:14 | 1                 | 2148   | Jacqui    | De Greef     | 5km          | Female | 28  | Senior (19-29)      | 00:29:22 |
| 11               | 5                 | 2116   | Brandon     | Fairweather    | 5km          | Male   | 34  | Sub-Veteran (30-39) | 00:27:17 | 8                 | 2079   | Rozah     | Swanepoel    | 5km          | Female | 34  | Sub-Veteran (30-39) | 00:29:32 |
| 12               | 6                 | 310    | Raymond     | Kemp           | 5km          | Male   | 35  | Sub-Veteran (30-39) | 00:27:40 | 9                 | 318    | Adri      | Venter       | 5km          | Female | 34  | Sub-Veteran (30-39) | 00:30:13 |
| 13               | 7                 | 92     | Brand       | Van Den Heever | 5km          | Male   | 38  | Sub-Veteran (30-39) | 00:27:43 | 10                | 2001   | Desiree   | Muller       | 5km          | Female | 36  | Sub-Veteran (30-39) | 00:30:29 |
| 14               | 3                 | 155    | Phil        | Zaayman        | 5km          | Male   | 47  | Veteran (40-49)     | 00:28:12 | 11                | 2003   | Carice    | Goossens     | 5km          | Female | 37  | Sub-Veteran (30-39) | 00:30:30 |
| 15               | 8                 | 2132   | Chris       | Nortje         | 5km          | Male   | 31  | Sub-Veteran (30-39) | 00:29:24 | 3                 | 222    | Clara     | Ndlovu       | 5km          | Female | 41  | Veteran (40-49)     | 00:30:41 |
| 16               | 1                 | 2037   | Tyler       | Webb           | 5km          | Male   | 12  | 12 to 15            | 00:29:25 | 2                 | 2126   | Chelsea   | Gillespie    | 5km          | Female | 25  | Senior (19-29)      | 00:30:57 |
| 17               | 9                 | 2076   | Brendan     | Henneys        | 5km          | Male   | 39  | Sub-Veteran (30-39) | 00:29:31 | 3                 | 2071   | Catherine | Du Plessis   | 5km          | Female | 21  | Senior (19-29)      | 00:31:04 |
| 18               | 10                | 2135   | Shaun       | Swanepoel      | 5km          | Male   | 33  | Sub-Veteran (30-39) | 00:29:35 | 12                | 331    | Leanne    | Dost         | 5km          | Female | 39  | Sub-Veteran (30-39) | 00:31:04 |
| 19               | 11                | 98     | Paul        | Masson         | 5km          | Male   | 30  | Sub-Veteran (30-39) | 00:29:39 | 4                 | 234    | Angela    | Finayughty   | 5km          | Female | 24  | Senior (19-29)      | 00:31:21 |
| 20               | 2                 | 261    | Ross        | Brice          | 5km          | Male   | 13  | 12 to 15            | 00:29:48 | 5                 | 2110   | Chanel    | Sander       | 5km          | Female | 27  | Senior (19-29)      | 00:31:24 |
| 21               | 12                | 109    | Pierre      | Roux           | 5km          | Male   | 30  | Sub-Veteran (30-39) | 00:29:57 | 13                | 306    | Merandi   | Roode        | 5km          | Female | 36  | Sub-Veteran (30-39) | 00:31:49 |
| 22               | 1                 | 2062   | Ken         | Fairweather    | 5km          | Male   | 63  | Master (50-59)      | 00:30:04 | 4                 | 1249   | Kren      | Roos         | 5km          | Female | 43  | Veteran (40-49)     | 00:31:49 |
| 23               | 13                | 76     | Ryan        | Kruger         | 5km          | Male   | 39  | Sub-Veteran (30-39) | 00:30:08 | 14                | 4069   | Malvina   | Bratmanski   | 5km          | Female | 33  | Sub-Veteran (30-39) | 00:32:00 |
| 24               | 14                | 283    | Johann      | Van Der Walt   | 5km          | Male   | 32  | Sub-Veteran (30-39) | 00:30:15 | 6                 | 46     | Caitlin   | Brand        | 5km          | Female | 27  | Senior (19-29)      | 00:32:06 |
| 25               | 5                 | 398    | Keegan      | Du Plooy       | 5km          | Male   | 23  | Senior (19-29)      | 00:30:28 | 15                | 107    | Angelque  | De Carvalho  | 5km          | Female | 32  | Sub-Veteran (30-39) | 00:32:52 |
| 26               | 15                | 108    | KENNETH     | RAMOSHABA      | 5km          | Male   | 35  | Sub-Veteran (30-39) | 00:30:34 | 7                 | 2105   | Martelize | Saaiman      | 5km          | Female | 25  | Senior (19-29)      | 00:33:12 |
| 27               | 16                | 189    | ALPHEUS     | BAPELA         | 5km          | Male   | 32  | Sub-Veteran (30-39) | 00:30:35 | 8                 | 113    | Leigh     | Broad        | 5km          | Female | 28  | Senior (19-29)      | 00:33:22 |
| 28               | 6                 | 158    | Malcolm     | Gillespie      | 5km          | Male   | 27  | Senior (19-29)      | 00:30:53 | 9                 | 2059   | Bianca    | Williams     | 5km          | Female | 27  | Senior (19-29)      | 00:33:26 |
| 29               | 17                | 2035   | Mario       | Rego           | 5km          | Male   | 38  | Sub-Veteran (30-39) | 00:31:43 | 1                 | 235    | Anne      | Kruger       | 5km          | Female | 52  | Master (50-59)      | 00:33:30 |
| 30               | 18                | 250    | Carel       | Robinson       | 5km          | Male   | 35  | Sub-Veteran (30-39) | 00:32:24 | 10                | 315    | Kyla      | Van Renen    | 5km          | Female | 23  | Senior (19-29)      | 00:34:06 |
| 31               | 19                | 2127   | Glenn       | Young          | 5km          | Male   | 31  | Sub-Veteran (30-39) | 00:32:49 | 1                 | 2104   | Francesca | De Villiers  | 5km          | Female | 11  | Under 11            | 00:34:46 |
| 32               | 7                 | 24     | Kri         | Moodley        | 5km          | Male   | 20  | Senior (19-29)      | 00:32:50 | 5                 | 2044   | Hayley    | Webber       | 5km          | Female | 42  | Veteran (40-49)     | 00:35:16 |
| 33               | 20                | 23     | Raya        | Naidoo         | 5km          | Male   | 36  | Sub-Veteran (30-39) | 00:33:15 | 16                | 2025   | Tanya     | Van Der Nest | 5km          | Female | 36  | Sub-Veteran (30-39) | 00:35:22 |
| 34               | 1                 | 84     | Jashen      | Naidoo         | 5km          | Male   | 11  | Under 11            | 00:33:47 | 17                | 2121   | Nicole    | Capper       | 5km          | Female | 32  | Sub-Veteran (30-39) | 00:35:39 |
| 35               | 4                 | 324    | Mike        | Brice          | 5km          | Male   | 43  | Veteran (40-49)     | 00:34:16 | 6                 | 2014   | Claudia   | De Villiers  | 5km          | Female | 45  | Veteran (40-49)     | 00:35:39 |

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# BIOMEN Spring Retro Run 2017

2017-09-22 - PwC Bike Park



| 5km              |                   |        |             |              |              |        |     |                     |          |                   |          |            |               |              |        |     |                     |          |
|------------------|-------------------|--------|-------------|--------------|--------------|--------|-----|---------------------|----------|-------------------|----------|------------|---------------|--------------|--------|-----|---------------------|----------|
| MALE             |                   |        |             |              |              |        |     |                     |          | FEMALE            |          |            |               |              |        |     |                     |          |
| Overall Position | Category Position | RaceNo | FirstName   | LastName     | RaceDistance | Gender | Age | AgeCategory         | RaceTime | Category Position | RaceNo   | FirstName  | LastName      | RaceDistance | Gender | Age | AgeCategory         | RaceTime |
| 36               | 5                 | 2073   | Carl        | De Villiers  | 5km          | Male   | 44  | Veteran (40-49)     | 00:34:44 | 11                | 240      | Nicole     | Chaffey       | 5km          | Female | 27  | Senior (19-29)      | 00:35:51 |
| 37               | 21                | 244    | Derk        | Alberts      | 5km          | Male   | 36  | Sub-Veteran (30-39) | 00:35:22 | 18                | 135      | Mandy      | Long          | 5km          | Female | 36  | Sub-Veteran (30-39) | 00:36:12 |
| 38               | 22                | 2032   | Jacque      | Van Der Nest | 5km          | Male   | 37  | Sub-Veteran (30-39) | 00:35:24 | 7                 | 170      | Linky      | Britz         | 5km          | Female | 43  | Veteran (40-49)     | 00:36:13 |
| 39               | 23                | 176    | Brian       | Capper       | 5km          | Male   | 38  | Sub-Veteran (30-39) | 00:35:44 | 8                 | 2131     | Nadia      | Taggart       | 5km          | Female | 43  | Veteran (40-49)     | 00:36:23 |
| 40               | 2                 | 2134   | Giulio      | De villiers  | 5km          | Male   | 8   | Under 11            | 00:35:47 | 19                | 2100     | TWANET     | SERVONTEIN    | 5km          | Female | 32  | Sub-Veteran (30-39) | 00:36:44 |
| 41               | 8                 | 103    | Paul        | Jordaan      | 5km          | Male   | 29  | Senior (19-29)      | 00:37:05 | 2                 | 339      | Damika     | Naidoo        | 5km          | Female | 9   | Under 11            | 00:36:51 |
| 42               | 24                | 110    | Mark        | Smith        | 5km          | Male   | 32  | Sub-Veteran (30-39) | 00:37:46 | 3                 | 224      | Damira     | Naidoo        | 5km          | Female | 9   | Under 11            | 00:36:53 |
| 43               | 25                | 4034   | Adam        | Borlase      | 5km          | Male   | 30  | Sub-Veteran (30-39) | 00:37:53 | 12                | 37       | Marli      | Swanepoel     | 5km          | Female | 26  | Senior (19-29)      | 00:37:06 |
| 44               | 26                | 2115   | GARETH      | PIETERS      | 5km          | Male   | 35  | Sub-Veteran (30-39) | 00:38:20 | 20                | 352      | Lorna-Lee  | De Bruyn      | 5km          | Female | 32  | Sub-Veteran (30-39) | 00:37:12 |
| 45               | 3                 | 311    | Ricardo     | Brandao      | 5km          | Male   | 12  | 12 to 15            | 00:39:06 | 21                | 16       | Lize       | Coetzer       | 5km          | Female | 31  | Sub-Veteran (30-39) | 00:37:33 |
| 46               | 6                 | 2109   | Nick        | Skinner      | 5km          | Male   | 44  | Veteran (40-49)     | 00:39:22 | 22                | 309      | Monique    | Jordaan       | 5km          | Female | 31  | Sub-Veteran (30-39) | 00:37:45 |
| 47               | 9                 | 332    | Alexander   | Krezos       | 5km          | Male   | 26  | Senior (19-29)      | 00:39:46 | 23                | 241      | Laura      | Kelty         | 5km          | Female | 34  | Sub-Veteran (30-39) | 00:38:42 |
| 48               | 3                 | 2078   | Joshua      | Dennison     | 5km          | Male   | 8   | Under 11            | 00:41:01 | 24                | 29       | Lisa       | Da Fonseca    | 5km          | Female | 35  | Sub-Veteran (30-39) | 00:39:03 |
| 49               | 4                 | 265    | Samuel      | Dennison     | 5km          | Male   | 7   | Under 11            | 00:41:03 | 9                 | 50       | Rachelle   | Inocco        | 5km          | Female | 42  | Veteran (40-49)     | 00:39:25 |
| 50               | 27                | 47     | Paul        | Dennison     | 5km          | Male   | 38  | Sub-Veteran (30-39) | 00:41:04 | 25                | 254      | Nicole     | Smit          | 5km          | Female | 35  | Sub-Veteran (30-39) | 00:39:47 |
| 51               | 28                | 4067   | Robbie      | Van Der Walt | 5km          | Male   | 32  | Sub-Veteran (30-39) | 00:43:24 | 26                | 219      | Claudette  | Van der Schyf | 5km          | Female | 32  | Sub-Veteran (30-39) | 00:39:49 |
| 52               | 2                 | 131    | Steve       | Rault        | 5km          | Male   | 59  | Master (50-59)      | 00:44:06 | 10                | 1329     | Verena     | Altern        | 5km          | Female | 47  | Veteran (40-49)     | 00:39:59 |
| 53               | 29                | 105    | Christopher | Bell         | 5km          | Male   | 37  | Sub-Veteran (30-39) | 00:44:22 | 2                 | 2053     | Mageie     | Clack         | 5km          | Female | 50  | Master (50-59)      | 00:40:56 |
| 54               | 4                 | 156    | Hayley      | Pieters      | 5km          | Male   | 12  | 12 to 15            | 00:47:41 | 27                | 2010     | Milaine    | Dennison      | 5km          | Female | 34  | Sub-Veteran (30-39) | 00:41:43 |
| 55               | 7                 | 1456   | Grant       | Williams     | 5km          | Male   | 43  | Veteran (40-49)     | 00:50:01 | 13                | 2061     | Sarah      | Jones         | 5km          | Female | 26  | Senior (19-29)      | 00:41:57 |
| 56               |                   |        |             |              |              |        |     |                     |          | 28                | 299      | Mpho       | Kodisang      | 5km          | Female | 38  | Sub-Veteran (30-39) | 00:41:59 |
| 57               |                   |        |             |              |              |        |     |                     |          | 29                | 2        | Leandre    | Lombard       | 5km          | Female | 31  | Sub-Veteran (30-39) | 00:43:44 |
| 58               |                   |        |             |              |              |        |     |                     |          | 14                | 364      | Lizelle    | Van Eeden     | 5km          | Female | 26  | Senior (19-29)      | 00:43:45 |
| 59               |                   |        |             |              |              |        |     |                     |          | 30                | 343      | Jaynisha   | Kalan         | 5km          | Female | 34  | Sub-Veteran (30-39) | 00:44:32 |
| 60               |                   |        |             |              |              |        |     |                     |          | 15                | 256      | Nadia      | Potgieter     | 5km          | Female | 28  | Senior (19-29)      | 00:44:49 |
| 61               |                   |        |             |              |              |        |     |                     |          | 31                | 2066     | Cornelia   | Kemp          | 5km          | Female | 35  | Sub-Veteran (30-39) | 00:44:51 |
| 62               |                   |        |             |              |              |        |     |                     |          | 16                | 2147     | Anri       | Van Rooyen    | 5km          | Female | 28  | Senior (19-29)      | 00:45:30 |
| 63               |                   |        |             |              |              |        |     |                     |          | 32                | 2040     | Taryn      | Kendall       | 5km          | Female | 30  | Sub-Veteran (30-39) | 00:45:56 |
| 64               |                   |        |             |              |              |        |     |                     |          | 33                | 124      | Jacqui     | Russouw       | 5km          | Female | 33  | Sub-Veteran (30-39) | 00:45:57 |
| 65               |                   |        |             |              |              |        |     |                     |          | 3                 | 212      | Jeanett    | Hlongwane     | 5km          | Female | 64  | Master (50-59)      | 00:46:55 |
| 66               |                   |        |             |              |              |        |     |                     |          | 11                | 161      | Lebo       | Mbatha        | 5km          | Female | 40  | Veteran (40-49)     | 00:47:02 |
| 67               |                   |        |             |              |              |        |     |                     |          | 34                | 2083     | Iris       | Pieters       | 5km          | Female | 35  | Sub-Veteran (30-39) | 00:47:43 |
| 68               |                   |        |             |              |              |        |     |                     |          | 35                | 320      | Angelique  | Ryan          | 5km          | Female | 34  | Sub-Veteran (30-39) | 00:50:56 |
| 69               |                   |        |             |              |              |        |     |                     |          | 36                | TRAIL100 | Adele      | Sutherland    | 5km          | Female | 39  | Sub-Veteran (30-39) | 00:53:49 |
| 70               |                   |        |             |              |              |        |     |                     |          | 17                | TRAIL100 | Jacqueline | Van Der Walt  | 5km          | Female | 25  | Senior (19-29)      | 00:53:51 |

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# BIOPEN Spring Retro Run 2017

2017-09-22 - PwC Bike Park



| 5km              |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
|------------------|-------------------|--------|-----------|----------|--------------|--------|-----|-------------|----------|-------------------|--------|-----------|-----------|--------------|--------|-----|---------------------|----------|
| MALE             |                   |        |           |          |              |        |     |             |          | FEMALE            |        |           |           |              |        |     |                     |          |
| Overall Position | Category Position | RaceNo | FirstName | LastName | RaceDistance | Gender | Age | AgeCategory | RaceTime | Category Position | RaceNo | FirstName | LastName  | RaceDistance | Gender | Age | AgeCategory         | RaceTime |
| 71               |                   |        |           |          |              |        |     |             |          | 37                | 3      | Andrea    | Potgieter | 5km          | Female | 34  | Sub-Veteran (30-39) | NULL     |
| 72               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 73               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 74               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 75               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 76               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 77               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 78               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 79               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 80               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 81               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 82               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 83               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 84               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 85               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 86               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 87               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 88               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 89               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 90               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 91               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 92               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 93               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 94               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 95               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 96               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 97               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 98               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 99               |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 100              |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 101              |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |
| 102              |                   |        |           |          |              |        |     |             |          |                   |        |           |           |              |        |     |                     |          |