	55km Senior							
	Male	Name	ID Number	Time	Female	Name	ID Number	Time
1	793	MATTHYS KOEKEMOER	8310185034084	02:10:59	549	AMY MCDOUGALL	8908060043086	02:35:06
2	741	ROBERT LEYLAND	8011185071080	02:11:04	520	RIANA DE LANGE	n/a	02:40:27
3	484	QUINTON VAN WYNGAARDT	7411295016085	02:27:02	768	SUSAN VAN ZYL	8604290211086	03:03:51
4	742	SHAMUS KREUGER	7205195263080	02:40:09	422	NICOLA HORN	8707180042089	03:35:39
5	492	ROBERT VILJOEN	7708315237082	02:48:15	767	CENE VAN DER MERWE	8509070019189	03:35:56
6	797	LUDWICH EHLERS	7302135116088	02:51:08				
7	774	ANDY ROBERSTON	n/a	02:52:22				
8	538	JACO PIETERS	n/a	03:04:14				
9	789	BERNO SCHNEIDER	7505315016080	03:04:39				
10	762	JEAN DU PLESSIS	n/a	03:11:20				
11	519	ANDRE THERON	9108225098088	03:28:40				
12	775	JOHAN KRUGER	7507155118083	03:30:57				
13	751	CORNEL CLAASSEN	9008035012081	03:33:28				
14	410	CHRISTIAAN VOGES	8710225022082	03:35:26				
15	578	FABIO MARASCHIN	7410205093085	04:01:42				
16	568	COENRAAD NIEMAND	7207285006080	04:18:33				
17	736	DEON MYBURGH	7107065061083	04:18:34				
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55km Veteran

Male	Name	ID Number	Time	Female	Name	ID Number	Time
672	RIAAN NAGEL	6308045108082	02:36:37	539	RETHA THEUNISSEN	6005080772088	02:42:39
591	ANDRE NAUDE	n/a	02:48:10	527	WILMA PIENAAR	7002130238081	02:43:36
496	JAN ROUX	6908285257083	02:50:57	420	SANDRA MC ILWRATH	6501290127084	03:15:32
782	MARIUS AURET	6810115034080	02:54:03	675	MERTZ DANIEL	6001090033087	03:25:26
695	SCHALK VAN DER MERWE	6804205112088	02:58:16	465	CORLIA WESSELS	6606080015082	03:30:10
536	PAUL COOKE	7005215222086	03:04:20	504	DIANA VAN ROOIJEN	6505070002086	03:31:07
487	FRANCOIS MARAIS	6504075092085	03:13:33	537	PIKKIE MARAIS	6909200002083	03:52:26
408	JOHN DANIEL	5806025066080	03:25:28				
436	RIAN WESSELS	6310085025085	03:30:15				
745	JOSEF KADWELL	6501305069081	03:31:19				
787	GABRIEL VLOTMAN	5704165082084	03:34:36				
503	GAVIN GERICKE	6503235137087	03:46:10				
523	HILTON GERICKE	6905095226084	03:46:18				
778	ROBERT LAUBSCHER	6904175221081	03:51:37				
559	BERTUS PRINSLOO	6809045010087	03:51:40				
517	SERGIO MARASCHIN	7001295067087	04:01:42				

55km Junior

Male	Name	ID Number	Time	Female	Name	ID Number	Time
244	CHRISTO LOURENS	9405065054084	02:12:54				
235	IAN PIENAAR	9412025026087	02:21:36				
551	ERIK WESSELS	9409295077089	02:42:34				
453	PIETER MOOLMAN	9505175033082	03:50:30				
546	HARDUS PIETERSE	9511145082084	DNF				

30km Senior

Male	Name	ID Number	Time	Female	Name	ID Number	Time
309	WERNER LEWIES	8303185054087	01:16:00	365	MADELEIN VAN WYNGAARDT	8109230214083	01:24:13
278	ANDREW O'SHEA	7309115305087	01:18:55	166	SYLVIA DU RAAN	7401100168080	01:30:56
19	FRANS BAKKER	7710075122082	01:20:36	8	ISSABEL GREYLING	8012200062088	01:33:26
143	SHAWN HEYDENRYCH	7609205034086	01:23:27	320	ANNARINE BEKKER	8809190156089	01:37:42
331	GREGORY SLADE	7807175071084	01:24:41	321	GERDA REGENASS	8504220002086	01:37:47
35	LOUIS DE BRUIN	7801205137080	01:24:48	319	SANRI DU PLESSIS	8201280018082	01:37:49
293	ULRICH NAGEL	7303225187088	01:26:44	139	CHERODINE BESTER	8811070172087	01:39:09
179	HENK BAKKER	7710075121084	01:27:46	290	DEBBIE JOOSTE	8802130123087	01:43:03
18	MAURITZ LEWIES	7907165039081	01:28:14	375	ESTEE ROBBERTZE	7906080123087	01:47:47
378	GREG WIEGAND	7304075209089	01:31:56	159	ELNA NAUDE	7105010265080	01:54:32
43	MARNUS FERREIRA	8301015008083	01:33:51	184	LEORIKA FOURIE	8610300004080	01:55:46
77	NICO VAN DER MERWE	7812135002088	01:33:53	344	MARLIEN MARAIS	8301060078080	01:59:39
391	CONRAD BOUWER	7209255121089	01:35:25	142	JACKIE GOUVERNEUR	8011130055089	02:00:45
395	WILLEM SLABBERT	8504195061083	01:37:27	66	LUCULLE STOLS	7208210130086	02:10:34
171	ANDRE HANEKOM	8709135005088	01:37:55	65	ANINE SWART	7905150002080	02:11:25
145	DEWALD VAN DER WAL	7505015076087	01:38:08	333	MONIQUE KANIA	7107250086085	02:18:26
133	MARWAAN ABRAHAMS	7307175060084	01:38:59	196	MARESA KNIPE	8503140143087	02:18:55
387	BURGER BOTHA	7812225012088	01:39:17	337	JUANITA MYBURGH	7110210282083	02:20:38
163	JACQUES BOUWER	7906295032081	01:40:20	85	RENE NIEMAND	7507060003081	02:21:04
41	PETER COOKE	7303175030080	01:41:28	315	ANDREA VISAGIE	8104240137085	02:23:27
134	HENNIE VILJOEN	8105095003082	01:43:26	51	MELANIE BELCHER	7308150026086	02:23:37
204	NICO LIEBENBERG	8105235084083	01:44:52	126	ADIA VAN DER WATT	8406070007084	02:44:53
158	JOHN MCKAY	8011245003081	01:45:05	217	RENATE SCHERRER-FOUCHE	7512300061089	DNF
39	ANDRE BOTHA	8009055025087	01:45:16				
167	LITTLE JOHN GALLOWAY	8005205014088	01:45:21				
24	NKOSINATHI NCONGWANE	8009125417082	01:46:40				
258	PONO MOGOERA	8008075432083	01:46:51				
314	JACQUE OOSTHUIZEN	8004125022081	01:54:00				
259	ANDRE FOURIE	n/a	01:54:38				
397	JEAN-PIERRE JOUBERT	8709295089088	01:56:01				
291	KOBUS VAN DEVENTER	8005315038084	01:58:08				
52	HANNES WAHL	8311035138085	01:58:13				
135	CHRISTO FOUCHE	7507045080089	01:58:28				
335	ALWYN BADENHORST	8502245046088	02:00:42				
380	ANDRE SCHOLTZ	7608135254089	02:01:39				
390	RENIER SCHOLTZ	n/a	02:02:02				
138	KOBUS PRETORIUS	7309155122086	02:03:56				
396	JAN SWANEPOEL	7310085073084	02:13:52				
289	UDO LOUW	9109195031083	02:20:52				
348	TERSIUS MIDDEL	8503065070083	02:44:56				
229	ASHLEY HOLLING	7310235132087	03:09:10				
264	FRANCOIS HERBST	n/a	03:09:14				
164	RUDOLF ERASMUS	8211125193081	DNF				
233	GERRIT EHLERS	7309215022086	DNF				
169	ANTON SCHOLTZ	n/a	DNF				

30km Veteran

Male	Name	ID Number	Time	Female	Name	ID Number	Time
87	GERARD FOURIE	7105175058080	01:23:00	305	JEANNE VAN DER SANDE	6501270111082	01:33:30
4	HANNES MEINTJES	5410025100088	01:28:45	153	PHILLIPPA BABB	7107230214088	01:38:45
189	PAUL RICHARDS	5407255096085	01:33:04	15	LOUISE SEQUEIRA	6908210103089	01:56:06
175	GAVIN SINCLAIR	6309075793082	01:34:05	170	LOUISA HAVENGA	6012260042089	02:03:04
220	FREDERIK VAN DER SANDE	n/a	01:36:47	67	WELMA JOUBERT	6112040106087	02:12:15
292	FRANCOIS LOOTS	6007045048088	01:36:53	202	SULETTE VAN DER MERWE	6903050002087	02:23:01
347	ANDRIES BESTER	6406045061083	01:37:14				
349	ANDREW VAN ZYL	6908025167089	01:38:11				
53	GARY OOSTHUIS	6707165022082	01:38:40				
162	PAUL PRETORIUS	7010165043086	01:38:57				
32	PIET HAVENGA	5904235036082	01:39:12				
172	ALLEN MCDONOGH	6907225274083	01:40:28				
332	JOHAN PIENAAR	6809305137083	01:40:45				
13	ATHOL DAVIS	5506035099085	01:40:50				
12	COLIN WHEATER	n/a	01:40:56				
330	BOYD MC ILWRATH	5809085097086	01:46:26				
178	DEON CERONIO	6612015033083	01:49:27				
16	THEO SMITH	6911185278084	01:51:38				
288	GAVIN MORKEL	6904225028080	01:51:41				
237	KEVIN JAMES	5902115117089	01:52:04				
287	GARY NEIL DAVIS	6003185072087	01:52:07				
352	BRYAN SEQUEIRA	6808085026086	01:55:26				
324	JAMES HENRY HUDSON	7011275249084	01:55:53				
358	WILLIE HANEKOM	5408095200085	01:56:41				
294	MALCOLM HUTTON	4311085011085	02:01:14				
37	CASTLE KNIPE	5311085129084	02:18:37				
318	IAN HOOLE	6711295023085	02:20:31				
313	TONY VISAGIE	6307015104089	02:24:00				
46	COLIN EDWARDS	n/a	02:24:06				
28	FRED BOTHA	n/a	DNF				

30km Junior

Male	Name	ID Number	Time	Female	Name	ID Number	Time
148	KEVIN NAUDE	9611225111082	01:16:57	34	ROZELLE VAN DER SANDE	9404280013082	01:38:00
192	JOHAN-HENDRIK HARTZENBERG	9703235024080	01:17:01	186	JUANE MARAIS	9606210042086	01:50:03
176	WILBUR BAYLISS	n/a	01:23:36				
228	RICHAAN SMIT	9510065135088	01:25:13				
27	CHRIS RAS	9601225116082	01:25:18				
323	COENIE NIEMAND	9909235049080	01:58:02				
63	BENDEON MYBURGH	6205221085	02:24:44				
129	DOMINIC HOLLING	404015144086	03:08:54				
174	RYAN HERBST	n/a	03:08:57				
152	STEWART HERBST	n/a	03:09:06				
256	LANNEO NAGEL	941223	DNF				

10km Senior

Male	Name	ID Number	Time	Female	Name	ID Number	Time
1035	DAVID MORRISON	7411180043081	00:40:35	1033	KARIN SMIT	7407310232087	00:27:31
1097	RYAN MURRAY	7908065049089	00:43:47	1096	TERESA COWAN	7605120107080	00:36:23
1027	IAN VERMEULEN	n/a	00:46:19	1077	NADIA HAVENGA	9007020013088	00:38:33
1026	PIETER OOSTHUIZEN	7205115047084	00:50:02	1004	ADELE LIEBENBERG	8210080225086	00:38:38
1010	CAREL VAN EEDEN	8310135005085	00:58:19	1032	ADELE BRASE	7808210108089	00:39:01
1089	CHAD BAKER	7207165283080	01:38:48	1008	SUZANNE BOOYENS	n/a	00:39:22
1085	ANDRE NAUDE	n/a	01:41:06	1001	NIRVANA COOKE	7410220197085	00:41:54
				1075	DEBBIE HOLLING	7301040269081	00:50:46
				1034	GWYNETH MORRISON	n/a	00:52:47
				1030	JANINE HERBST	7208145288081	00:55:18
				1011	GERTRU ELOFF	8408080085084	00:58:26
				1074	ANANDI DE KLERK	7810200038086	01:18:33
				1084	ELANDRE NAUDE	n/a	01:40:57
				1083	ANKE NAUDE	n/a	01:41:18

10km Veteran

Male	Name	ID Number	Time	Female	Name	ID Number	Time
1003	JAN THEUNISSEN	n/a	00:27:24	1006	LOUISE LOOTS	6209300122083	00:29:20
1080	CHRIS MOOLMAN	6605075003087	00:27:39	1073	CHANTAL BURNETT	6804230270083	00:37:12
1087	KEN STOCKS	4707085624183	00:39:42	1049	ANNETTE BOOYSE	6009260055087	00:40:18
1048	KOBUS BOOYSE	5809185032082	00:40:15	1050	KAREN PAULEY	6903210079082	00:40:42
1092	RHYS COLLINS	6706076279187	01:11:06	1002	THERESIA ROOS	n/a	01:26:51
				1088	LEE-ANN BAKER	7009240325088	01:40:24

10km Junior

Male	Name	ID Number	Time	Female	Name	ID Number	Time
1051	HENCO MARAIS	210185045080	00:27:16	1078	BRYONY MCDONOGH	n/a	00:30:33
1007	MICHAEL LOOTS	9509180000000	00:28:28	1009	MEGAN LOOTS	9807060000000	00:46:25
1095	ETHAN COWAN	205175138085	00:30:42	1028	MEGAN OOSTHUIZEN	n/a	00:46:35
1081	JOHAN MOOLMAN	9705175023089	00:33:50	1029	ANOUK OOSTHUIZEN	n/a	00:49:57
1094	JARED COWAN	9903055036087	00:35:33	1036	PAMELA MORRISON	n/a	00:52:40
1086	SARAH-JANE VAN ZYL	9912130123083	00:39:17	1090	NINA BAKER	9901250129087	01:38:57
1037	JONTY MORRISON	n/a	00:40:25	1091	TANNA BAKER	105250174080	01:40:19
1005	ALEXANDER WOHRNITZ	970713xxxxxxx	00:41:41				
1025	PIETER SCHOEMAN	n/a	00:42:47				
1076	NINA HOLLING	207180085087	00:50:52				
1079	BUSH MONG	9909175047086	00:53:04				
1082	GERIT POORTIER	n/a	00:53:11				
1031	MARK HERBST	n/a	00:55:04				
1093	ADAM COLLINS	107245083087	01:11:12				